

MEMBER INSTRUCTIONS

As part of your wellness benefits, when you go for your annual physical, your physician can fill out this form—earning you a \$100 gift card! Covered spouses are also eligible, for a total of up to \$200 in gift cards per plan year. Here's how it works:

- Schedule your annual physical with an in-network physician.
- When you're making the appointment, let the office know you are bringing a form that will require 15-20 minutes to complete.
- Print this form, sign the attestation on the first page of the form, and give to your physician during your visit.
- Once your physician submits the form, your \$100 gift card will arrive in the mail within 4-6 weeks. We encourage you to use it to help promote a healthy lifestyle.

Submitting a Patient Assessment Form (PAF) to CareConnect is voluntary. Whether you participate and/or the answers your physician provides will not affect your CareConnect benefits. In addition, you are still eligible for the gift card even if you do not wish to share genetic information, and you may instruct your physician not to include genetic information (including family medical history) in the completed PAF. CareConnect intends to use the information from the PAF to better understand and help our members meet their health care needs; you may receive a follow-up call, letter or email if CareConnect has recommendations about your health and wellness.

PROVIDER INSTRUCTIONS

This form is the newest addition to our wellness program aimed at helping our members get and stay healthy. Here's how it works:

- Complete the attached form and return back to us within 30 days of the date of service. We've included a health insurance claim form that must be included with the completed Patient Assessment Form (PAF). This claim form will enable us to reimburse you \$75 for completing the form.
- The CMS-1500 claim form must accompany the PAF with all services billed. We have populated the CPT code (99240) and ICD-10 code (Z00.00) that is required for PAF reimbursement. You will need to complete the form with additional E&M codes and additional services performed on the day of the visit. If the PAF is received without the completed claim form, the claim will be considered incomplete and we will not be able to reimburse you.
- Completion of a PAF is voluntary for CareConnect members. Members have also been informed that they may instruct their physicians not to include genetic information (including family medical history) in the completed PAF.
- The PAF and CMS-1500 claim form should be returned to CareConnect at:

CareConnect
Attn: Member Reimbursement
P.O. Box 830259,
Birmingham, AL 35283

Please note: The attached claim form must be mailed with the completed PAF to avoid any delay in payment.

▼ To be filled out by the Member ▼

MEMBER ATTESTATION

I understand that: in having this PAF completed, I will be sharing my health information with CareConnect, which CareConnect will use to better understand my health care needs and help me meet them, and I may receive a follow-up call, letter or email if CareConnect has recommendations about my health and wellness; my health information will be kept private under the terms of the privacy policy at CareConnect.com; and I am not required to complete this PAF, but if I do, I will be entitled to a \$100 gift card. In addition, I am still eligible for the gift card even if I do not wish to share genetic information and I may instruct my physician not to include genetic information (including family medical history) in my completed PAF. By signing this form I voluntarily consent to share my health information.

Member Name: _____
Last First MI

Member Signature: _____ Assessment Date: _____

▼ To be filled out by the Provider ▼

MEMBER INFORMATION

Member Name: _____
Last First MI

Member ID: _____ Sex: _____ Age: _____ Date of Birth: _____

I _____ hereby verify the contents of this assessment.

Provider Signature: _____ Assessment Date: _____

VITAL SIGNS

Height: _____ Weight: _____ BMI: _____

Smoker: Yes No # of Packs: _____ Alcohol drinks/week: _____

Blood Pressure: _____ / _____ Respiratory Rate: _____

CURRENT MEDICATION (Please list all medications the member is currently taking):

Medication: _____ Dosage: _____

PMH (Please indicate below all Past Medical and Surgical History):

Continued on next page.

OTHER—Screening and Testing			
Cancer	N/A	Ordered	Completed
Breast Cancer Screening			
Colorectal Cancer Screening			
Cervical Cancer Screening			
Diabetes			
A1C			
Cholesterol Screening			
Eye Exam			
Kidney Disease Monitoring			
COPD			
Spirometry			
Hyperlipidemia			
TC			
LDL			
HDL			
Vaccinations			
Flu Shot			
Pneumococcal			
Osteoporosis			
Screening			
OTHER HISTORY:			
Description	YES	NO	Related to which conditions
DME			
Ostomy			
Acute MI in the last 12 months?			
Known Allergies			
Within the last 12 months, has the member had any of the following	YES	NO	Related to which conditions
ER Visit			
Hospital admission			
Visit with other specialists			

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SYSTEMS REVIEW

Please check all applicable diagnoses and indicate the following status: Monitoring, Evaluating, Assessing and Treating

CARDIOVASCULAR:

Ischemic Heart Problems	Not Applicable	Monitoring	Evaluating	Assessing	Treating
I20.0 Unstable angina					
I24.8 Other forms of acute ischemic heart disease					

Heart Failure					
I50.9 Heart failure, unspecified					
I50.22 Chronic systolic (congestive) heart failure					
I42.5 Other restrictive cardiomyopathy or I42.8 Other cardiomyopathies					

Rhythm Problems					
I48.91 Unspecified atrial fibrillation					
I48.92 Unspecified atrial flutter					
I47.1 Supraventricular tachycardia					
I47.2 Ventricular tachycardia					
I49.01 Ventricular fibrillation					

Vascular Problems					
I70.25 Atherosclerosis of native arteries of extremities w/ulceration					
I82.509 Chronic embolism and thrombosis of unspecified deep veins of unspecified lower extremity					
I82.599 Chronic embolism and thrombosis of specified deep vein of unspecified lower extremity					
I74.3 Embolism and thrombosis of arteries of the lower extremity					
I67.1 Cerebral aneurysm, non-ruptured					
I27.2 Other secondary pulmonary hypertension					
I27.89 Other specified pulmonary heart diseases					

Heart Defects					
Q23.1 Congenital insufficiency of aortic valve					
Q21.1 Atrial septal defect					
Q21.0 Ventricular septal defect					
Q20.9 Congenital malformation of cardiac chambers and connections, unspecified					
Q24.9 Congenital malformation of heart, unspecified					

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ENDOCRINE/METABOLIC/NUTRITIONAL:					
Endocrine	Not Applicable	Monitoring	Evaluating	Assessing	Treating
E05.90 Thyrotoxicosis, unspecified without thyrotoxic crisis or storm					
E03.9 Hypothyroidism, unspecified					
E23.0 Hypopituitarism					
Metabolic					
E78.00 Pure hypercholesterolemia, unspecified					
E75.21 Fabry (-Anderson) disease					
E75.22 Gaucher disease					
E75.249 Niemann-Pick disease, unspecified					
E77.0 Defects in post-translational modification of lysosomal enzymes					
E77.1 Defects in glycoprotein degradation					
Nutritional					
E44.0 Moderate protein-calorie malnutrition					
E41 Nutritional marasmus					
E66.01 Morbid (severe) obesity due to excess calories					
DIABETES					
Controlled					
E10.10 Type 1 DM with ketoacidosis without coma					
E10.29 Type 1 DM with other diabetic kidney complication					
E10.311 Type 1 DM with unspecified diabetic retinopathy with macular edema					
E10.319 Type 1 DM with unspecified diabetic retinopathy without macular edema					
E10.36 Type 1 DM with diabetic cataract					
E10.40 Type 1 DM with diabetic neuropathy, unspecified					
E10.51 Type 1 DM with diabetic peripheral angiopathy without gangrene					
E10.618 Type 1 DM with other diabetic arthropathy					
E10.621 Type 1 DM with foot ulcer					
E10.622 Type 1 DM with other skin ulcer					
E10.628 Type 1 DM with other skin complications					
E10.630 Type 1 DM with periodontal disease					
E10.649 Type 1 DM with hypoglycemia without coma					
E11.29 Type 2 DM with other diabetic kidney complication					
E11.311 Type 2 DM with unspecified diabetic retinopathy with macular edema					

Continued on next page.

DIABETES (continued)					
Endocrine (continued)	Not Applicable	Monitoring	Evaluating	Assessing	Treating
E11.319 Type 2 DM with unspecified diabetic retinopathy without macular edema					
E11.36 Type 2 DM with diabetic cataract					
E11.40 Type 2 DM with diabetic neuropathy, unspecified					
E11.51 Type 2 DM with diabetic peripheral angiopathy without gangrene					
E11.618 Type 2 DM with other diabetic arthropathy					
E11.621 Type 2 DM with foot ulcer					
E11.622 Type 2 DM with other skin ulcer					
E11.630 Type 2 DM with periodontal disease					
E11.649 Type 2 DM with hypoglycemia without coma					
E11.69 Type 2 DM with other specified complication					
E11.9 Type 2 DM without complications					
E13.10 Other specified diabetes mellitus with ketoacidosis without coma					
I96 Gangrene, not elsewhere classified					

Uncontrolled					
E10.10 Type 1 DM with ketoacidosis without coma					
E10.21 Type 1 DM with diabetic nephropathy					
E10.311 Type 1 DM with unspecified diabetic retinopathy with macular edema					
E10.319 Type 1 DM with unspecified diabetic retinopathy without macular edema					
E10.36 Type 1 DM with diabetic cataract					
E10.40 Type 1 DM with diabetic neuropathy, unspecified					
E10.51 Type 1 DM with diabetic peripheral angiopathy without					
E10.65 Type 1 DM with hyperglycemia					
E11.21 Type 2 DM with diabetic nephropathy					
E11.311 Type 2 DM with unspecified diabetic retinopathy with macular edema					
E11.319 Type 2 DM with unspecified diabetic retinopathy without macular edema					
E11.36 Type 2 DM with diabetic cataract					

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DIABETES (continued)					
Uncontrolled (continued)	Not Applicable	Monitoring	Evaluating	Assessing	Treating
E11.40 Type 2 DM with diabetic neuropathy, unspecified					
E11.51 Type 2 DM with diabetic peripheral angiopathy without gangrene					
E11.65 Type 2 DM with hyperglycemia					
E11.69 Type 2 DM with other specified complication					
E13.10 Other specified DM with ketoacidosis without coma					

GASTROINTESTINAL/GYNECOLOGIC					
Liver					
K70.10 Alcoholic hepatitis without ascites					
K74.0 Hepatic fibrosis					
K72.10 Chronic hepatic failure without coma					
K76.6 Portal hypertension					
B18.1 Chronic viral hepatitis B without delta-agent					
B18.2 Chronic viral hepatitis C					

Pancreas					
K86.1 Other chronic pancreatitis					
K85.0 Idiopathic pancreatitis					
K85.1 Biliary pancreatitis					
K85.2 Alcohol induced pancreatitis					
K85.3 Drug induced pancreatitis					
K85.8 Other acute pancreatitis					
K85.9 Acute pancreatitis, unspecified					
K86.0 Alcohol induced chronic pancreatitis					

Intestine					
K50.90 Crohn's disease, unspecified, without complications					
K51.90 Ulcerative colitis, unspecified, without complications					
K59.31 Toxic megacolon					
K90.0 Celiac disease					
K90.9 Intestinal malabsorption, unspecified					

Kidney Disease/Transplants					
N18.6 End stage renal disease					
I12.0 Hypertensive chronic kidney disease with Stage 5 chronic kidney disease or end stage renal disease					

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GASTROINTESTINAL/GYNECOLOGIC (continued)					
Kidney Disease/Transplants (continued)	Not Applicable	Monitoring	Evaluating	Assessing	Treating
Z94.0 Kidney transplant status					
N18 Chronic kidney disease					
N18.9 Chronic kidney disease, unspecified					
N18.4 Chronic kidney disease, Stage 4 (severe)					
N18.5 Chronic kidney disease, Stage 5					
Cancer/Ostomies					
C50.919 Malignant neoplasm of unspecified site of unspecified female breast					
C64.9 Malignant neoplasm of unspecified kidney, except renal pelvis					
C78.7 Secondary malignant neoplasm of liver and intrahepatic bile duct					
C18.9 Malignant neoplasm of colon, unspecified					
C56.9 Malignant neoplasm of unspecified ovary					
Z93.1 Gastrostomy status					
Z93.3 Colostomy status					
C25 Cancer—pancreas					
C16 Cancer—gastric					
C67 Cancer—bladder					
HEMATOLOGIC/LYMPHATIC/IMMUNOLOGIC					
Blood Cell and Bone Marrow Problems					
D57.1 Sickle-cell disease without crisis					
D61.818 Other pancytopenia					
D75.81 Myelofibrosis					
Bleeding and Clotting Problems					
D68.51 Activated protein C resistance					
D68.52 Prothrombin gene mutation					
D68.59 Other primary thrombophilia					
D68.61 Antiphospholipid syndrome					
D68.62 Lupus anticoagulant syndrome					
D68.8 Other specified coagulation					
Infections					
B20 Human immunodeficiency virus (HIV) disease					
Z21 Asymptomatic human immunodeficiency virus (HIV) infection status					

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HEMATOLOGIC/LYMPHATIC/IMMUNOLOGIC (continued)					
Leukemias and Lymphomas	Not Applicable	Monitoring	Evaluating	Assessing	Treating
C92.00 Acute myeloblastic leukemia, not having achieved remission					
C92.40 Acute promyelocytic leukemia, not having achieved remission					
C92.50 Acute myelomonocytic leukemia, not having achieved remission					
C91.10 Chronic lymphocytic leukemia of B-cell type not having achieved remission					
C90.00 Multiple myeloma not having achieved remission					

Cancers/Transplants					
C73 Malignant neoplasm of thyroid gland					
Z94.84 Stem cells transplant status					
M36.2 Hemophilic arthropathy					
D68.311 Acquired hemophilia					
Z14.01 Asymptomatic hemophilia					
Z14.02 Symptomatic hemophilia					

MUSCULOSKELETAL					
Arthritis, Major Types					
M06.9 Rheumatoid arthritis, unspecified					
M06.4 Inflammatory polyarthropathy					
M45.9 Ankylosing spondylitis of unspecified sites in spine					

Connective Tissue Disorders					
M32.10 Systemic lupus erythematosus, organ or system involvement unspecified					
M34.0 Progressive systemic sclerosis					
M34.1 CR(E)ST syndrome					
M34.9 Systemic sclerosis, unspecified					
M35.00 Sicca syndrome, unspecified					
M35.01 Sicca syndrome with keratoconjunctivitis					
M35.3 Polymyalgia rheumatica					

Osteoporosis, Bone Cancers, Amputations, Other					
C79.51 Secondary malignant neoplasm of bone					
C79.52 Secondary malignant neoplasm of bone marrow					
Z89.519 Acquired absence of unspecified leg below knee (ICD-9 V49.75)					
Z89 Acquired absence of limb					

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NEUROLOGICAL					
Strokes/Paralysis	Not Applicable	Monitoring	Evaluating	Assessing	Treating
G81.90 Hemiplegia, unspecified affecting unspecified side					
I69.959 Hemiplegia and hemiparesis following unspecified cerebrovascular disease affecting unspecified side					
G82.20 Paraplegia, unspecified					
G82.50 Quadriplegia, unspecified					
R13.11 Dysphagia, oral phase					
J95.89 Other postprocedural complications and disorders of respiratory system not elsewhere classified					
Z82.3 Family history of stroke					
G46.4 Cerebellar stroke					
G46.3 Brain stem stroke syndrome					
Major Neurological Disorders					
G80.9 Cerebral palsy, unspecified					
G20 Parkinson's disease					
G12.21 Amyotrophic lateral sclerosis					
G62.0 Drug-induced polyneuropathy					
G71.0 Muscular dystrophy					
G35 Multiple sclerosis					
Epilepsy and Seizures					
G40.901 Epilepsy, unspecified, not intractable, with status epilepticus					
G40.909 Epilepsy, unspecified, not intractable, without status epilepticus					
G40.101 Localization-related (focal) (partial) symptomatic epilepsy and epileptic syndromes with simple partial seizures, not intractable, with status epilepticus					
G40.109 Localization-related (focal) (partial) symptomatic epilepsy and epileptic syndromes with simple partial seizures, not intractable, without status epilepticus					
R56.9 Unspecified convulsions					
Cancer/Spinal Problems					
G95.9 Disease of spinal cord, unspecified					
Q05.4 Unspecified spina bifida with hydrocephalus					
Q07.02 Arnold-Chiari syndrome with hydrocephalus					
Q07.03 Arnold-Chiari syndrome with spina bifida and hydrocephalus					

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NEUROLOGICAL (continued)					
Cancer/Spinal Problems (continued)	Not Applicable	Monitoring	Evaluating	Assessing	Treating
E85.9 Amyloidosis, unspecified					
C71.9 Malignant neoplasm of brain, unspecified					
C79.31 Secondary malignant neoplasm of brain					

Genetic Conditions and Congenital Deformities					
E78.71 Barth syndrome					
E78.72 Smith-Lemli-Opitz syndrome					
Q35.9 Cleft palate, unspecified					
Q87.2 Congenital malformation syndromes predominantly involving limbs					
Q87.3 Congenital malformation syndromes involving early overgrowth					
Q87.5 Other congenital malformation syndromes with other skeletal changes					
Q87.81 Alport syndrome					
Q87.89 Other specified congenital malformation syndromes, not elsewhere classified					
Q89.8 Other specified congenital malformations					
Q90.9 Down syndrome, unspecified					

Other Brain Problems					
G91.1 Obstructive hydrocephalus					
G93.5 Compression of brain					
G93.6 Cerebral edema					

RESPIRATORY					
Asthma					
J45.909 Unspecified asthma, uncomplicated					
J45.998 Other asthma					
J45.901 Unspecified asthma with (acute) exacerbation					
J45.20 Mild intermittent asthma, uncomplicated					
J45.21 Mild intermittent asthma with acute exacerbation					
J45.30 Mild persistent asthma, uncomplicated					
J45.31 Mild persistent asthma with acute exacerbation					
J44.9 Chronic obstructive pulmonary disease, unspecified					

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RESPIRATORY (continued)					
COPD and Related Conditions	Not Applicable	Monitoring	Evaluating	Assessing	Treating
J44.9 Chronic obstructive pulmonary disease, unspecified					
J44.1 Chronic obstructive pulmonary disease with (acute) exacerbation					
J42 Chronic bronchitis, unspecified					
J41.0 Simple chronic bronchitis					
J20 Acute bronchitis					
J47.9 Bronchiectasis, uncomplicated					
J43.9 Emphysema, unspecified					
Lung Infections and Inflammatory Conditions					
J69.0 Pneumonitis due to inhalation of food and vomit					
J69.8 Pneumonitis due to inhalation of other solids and liquids					
J84.10 Pulmonary fibrosis, unspecified					
J84.89 Other specified interstitial pulmonary diseases					
E84.9 Cystic fibrosis, unspecified					
E84.0 Cystic fibrosis with pulmonary manifestations					
Other Respiratory Conditions					
I27.2 Other secondary pulmonary hypertension					
I27.89 Other specified pulmonary heart diseases					
J96.10 Chronic respiratory failure, unspecified whether with hypoxia or hypercapnia					
Cancer/Ostomies/Transplants					
C34.90 Malignant neoplasm of unspecified part of unspecified bronchus or lung					
C78.00 Secondary malignant neoplasm of unspecified lung					
Z93.0 Tracheostomy status					
Z94.2 Lung transplant status					
SKIN/INTEGUMENTARY					
Ulcer and Pressure Ulcer					
L97.909 Non-pressure chronic ulcer of unspecified part of unspecified lower leg with unspecified severity					
L97.509 Non-pressure chronic ulcer of other part of unspecified foot with unspecified severity					
L98.499 Non-pressure chronic ulcer of skin of other sites with unspecified severity					

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SKIN/INTEGUMENTARY (continued)					
Skin Cancer	Not Applicable	Monitoring	Evaluating	Assessing	Treating
C43.9 Malignant melanoma of skin, unspecified					
D03.9 Melanoma in situ, unspecified					

PSYCHIATRIC/BEHAVIORAL					
Substance Abuse					
F19.939 Other psychoactive substance use, unspecified with withdrawal, unspecified					
F19.20 Other psychoactive substance dependence, uncomplicated					

Mood Disorders					
F31.9 Bipolar disorder, unspecified					

Psychoses/Thought Disorders					
F29 Unspecified psychosis not due to a substance or known physiological condition					
F25.9 Schizoaffective disorder, unspecified					
F20.9 Schizophrenia, unspecified					
F84.5 Asperger's syndrome					
F84.8 Other pervasive developmental disorders					

Trait Problems					
F60.3 Borderline personality disorder					
F60.9 Personality disorder, unspecified					

Eating Disorders					
F50.2 Bulimia nervosa					
F50.00 Anorexia nervosa, unspecified					

Neurodevelopmental Disorders					
F84.0 Autistic disorder					

COMMENTS
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