

# Essential Baby Checklist



## Must Haves

- \_\_\_\_\_ Pacifiers
- \_\_\_\_\_ Bulb syringe
- \_\_\_\_\_ Alcohol (for cleaning)
- \_\_\_\_\_ Nail Clippers
- \_\_\_\_\_ Thermometer
- \_\_\_\_\_ Infant medications
- \_\_\_\_\_ Receiving blankets
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Clothing Items

- \_\_\_\_\_ 6-8 onesie
- \_\_\_\_\_ 4-6 Gowns
- \_\_\_\_\_ 4-6 Sleepers
- \_\_\_\_\_ 2-3 Sleep Sacks
- \_\_\_\_\_ 6-8 Socks
- \_\_\_\_\_ 3-4 Mittens
- \_\_\_\_\_ Sweater/Coat
- \_\_\_\_\_ Infant detergent
- \_\_\_\_\_ Small hangers
- \_\_\_\_\_ few dressy outfits
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Diapering Needs

- \_\_\_\_\_ Diapers (varying sizes)
- \_\_\_\_\_ Diaper bag
- \_\_\_\_\_ Wipes
- \_\_\_\_\_ Vaseline
- \_\_\_\_\_ Diaper cream or ointment
- \_\_\_\_\_ Diaper receptacle
- \_\_\_\_\_ Changing table
- \_\_\_\_\_ Changing pad
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Feeding Supplies

- \_\_\_\_\_ 8-10 Bottle
- \_\_\_\_\_ 8-10 Nipples
- \_\_\_\_\_ Thermal bottle carrier
- \_\_\_\_\_ Bottle Brush
- \_\_\_\_\_ Formula
- \_\_\_\_\_ Nursing bras
- \_\_\_\_\_ Lanolin cream
- \_\_\_\_\_ Breast pump
- \_\_\_\_\_ Breast pads
- \_\_\_\_\_ Milk storage containers
- \_\_\_\_\_ Feeding support pillow
- \_\_\_\_\_ Bibs and burp cloths
- \_\_\_\_\_

## Bath Essentials

- \_\_\_\_\_ Hooded towels
- \_\_\_\_\_ Washcloths
- \_\_\_\_\_ Lotion
- \_\_\_\_\_ Baby shampoo
- \_\_\_\_\_ Infant bodywash
- \_\_\_\_\_ Soft Brush
- \_\_\_\_\_ Infant bathtub
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Other Items

- \_\_\_\_\_ Crib
- \_\_\_\_\_ Firm crib mattress
- \_\_\_\_\_ 2-3 Fitted sheets
- \_\_\_\_\_ Baby monitor
- \_\_\_\_\_ Bassinet
- \_\_\_\_\_ Car seat
- \_\_\_\_\_ Car seat base
- \_\_\_\_\_ Stroller
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

# Essential Baby Checklist



## Items for Older Babies

- \_\_\_\_\_ High chair
- \_\_\_\_\_ Baby swing, bouncers, or baby walkers
- \_\_\_\_\_ Portable booster seat
- \_\_\_\_\_ Shopping cart seat cover
- \_\_\_\_\_ Developmentally appropriate toys and books
- \_\_\_\_\_ Playmats
- \_\_\_\_\_ Baby appropriate plates, cups, and utensils
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Just For Mom

- \_\_\_\_\_ Nursing nightgowns
- \_\_\_\_\_ Comfy undergarments
- \_\_\_\_\_ Belly wrap
- \_\_\_\_\_ Body pillow
- \_\_\_\_\_ Maxi pads
- \_\_\_\_\_ Perineal bottle
- \_\_\_\_\_ Lactation tea
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_