

Debriefing Session Template

- sample debriefing session template.

The Program Coordinator could begin the debrief with the following prompts:

Below are some examples of questions that could be used by the Program Coordinator as prompts for a mentor/mentee debriefing session. You can use these, or create your own.

1. How is your work/project progressing? Are you happy with how things are going?
2. What do you enjoy most about being a peer leader?
3. What do you enjoy least?
4. What would you like to change about the way the program is working?
5. How can we help you right now?
6. What do peer group members like best about the project? And least?
7. Is there any extra support you would like?

Additional questions (General)

1. How is your peer relationship progressing? Are you happy with how things are going?
2. What do you enjoy most about having a peer in your life?
3. What do you enjoy least?
4. Is there anything you would like to change about the time you spend together?



Additional questions (Activities)

1. When was your last meeting/interaction? What did you do together?
2. What type of activities do you do when you are together?
3. How do you decide what activities to do together?
4. Do you have trouble deciding what to do?

Additional questions (Frequency)

1. How often do you see each other?
2. How much time do you spend together at each meeting?
3. Do you talk to each other using social media or by phone? How often?

Additional questions (Support)

1. Does your young person/people keep appointments with you? Are they on time?
2. How would you describe the peer/s behaviour?
3. Is there any behaviour that you don't understand?
4. Is there anything you would like me to talk to your peer/s about?
5. Do you need help with anything?
6. Is there any further support we can provide you?