

Baby Packing Checklist

☐ Sleep

- ☐ Travel crib + sheets
- ☐ Pajamas and/or sleep sack
- ☐ Books for nap/bedtime
- ☐ Lovey or stuffed animal
- ☐ White noise machine
- ☐ Baby monitor (including camera, handset + charger)
- ☐ Portable nightlight

☐ Transportation

- ☐ Car seat
- ☐ Car seat canopy
- ☐ Car seat toys
- ☐ Car seat backpack
- ☐ Portable noise machine
- ☐ Shades for car windows
- ☐ Backseat car mirror
- ☐ Stroller
- ☐ Stroller blanket
- ☐ Stroller toys
- ☐ Diaper bag or backpack
- ☐ Baby carrier

☐ Feeding

- ☐ General
 - ☐ Bottles



MOM CREW

Find yours.

- ☐ Burp cloths
- ☐ Portable dry rack + sponge / bottle brush
- ☐ Unscented dish soap for baby
- ☐ Breastfeeding
 - ☐ Boppy
 - ☐ Nursing cover
 - ☐ Vitamin D drops (if exclusively breastfeeding)
 - ☐ Breast pump + all parts (flanges, valves, backflow, tubes, power cord) and/or hand pump
 - ☐ Pump storage bottles
 - ☐ Milk storage bags (if freezing any milk)
 - ☐ Small cooler + ice packs (if transporting any milk back home)
- ☐ Formula
 - ☐ Anything you need for formula feeding
 - ☐ Ready-made formula bottles for travel
- ☐ Solids
 - ☐ Feeding bibs
 - ☐ Purée pouches and snacks
 - ☐ Snack containers
 - ☐ Baby bowls + spoons
 - ☐ "Sippy" or straw cup + cup tether
 - ☐ Silicone or mesh feeder
- ☐ **Changing**
 - ☐ Portable changing mat
 - ☐ Disposable changing pads



MOM CREW

Find yours.

- ☐ Diapers
- ☐ Baby wipes
- ☐ Aquaphor and/or butt paste

☐ Bathing

- ☐ Inflatable bathtub
- ☐ Baby bath soap
- ☐ Plastic cup for rinsing
- ☐ Baby bath towel
- ☐ Washcloths
- ☐ Baby lotion

☐ Clothing

- ☐ Onesies
- ☐ Outfits
- ☐ Leggings / shorts
- ☐ Jacket / sweatshirt
- ☐ Socks
- ☐ Shoes
- ☐ Drool bibs
- ☐ Seasonal accessories

☐ Play

- ☐ Portable play mat or blanket
- ☐ Portable chair or bouncer
- ☐ A few toys
- ☐ A few teethingers
- ☐ A few books



M O M C R E W

Find yours.

☐ Disinfectant toy wipes

☐ Toy clips

☐ **Seasonal – Summer or Warm Destination**

☐ Sun hat

☐ Bathing suit

☐ Swim diapers

☐ Rash guard

☐ Sunglasses

☐ SPF blanket

☐ Baby sunscreen (after 6 months)

☐ Bug repellent

☐ Stroller fan

☐ Beach tent

☐ Waterproof blanket for beach or park

☐ Stroller bug cover

☐ Stroller rain cover

☐ Car seat rain cover

☐ Carrier rain cover

☐ **Seasonal – Winter or Cold Destination**

☐ Bunting for stroller or car seat

☐ Winter jacket

☐ Snowsuit

☐ Hat

☐ Mittens

☐ Winter booties



M O M C R E W

Find yours.

- ☐ Warm carrier cover

☐ **Health & First Aid**

- ☐ Hand sanitizer
- ☐ Hydrocortisone cream (1%)
- ☐ Clotrimazole
- ☐ Infant's Tylenol
- ☐ Children's Benadryl
- ☐ Pedialyte
- ☐ Saline nasal drops
- ☐ NoseFrida + filters (occasional use only)
- ☐ Rectal thermometer + water-based lube
- ☐ Baby Band-Aids
- ☐ Baby-safe surface wipes
- ☐ Nail Clippers
- ☐ Baby toothbrush & toothpaste (if have teeth)

☐ **Other**

- ☐ Pacifiers and clips
- ☐ Muslin blankets or other baby blanket
- ☐ Unscented laundry detergent
- ☐ iPad with preloaded baby entertainment for plane/car/train
- ☐ Passport or copy of baby's birth certificate
- ☐ Extra ziplock bags