

## J-1 Exchange Visitor Exit Form

Please submit this form to [askimmigration@uams.edu](mailto:askimmigration@uams.edu) at least two weeks before you leave UAMS

Family Name: \_\_\_\_\_ Given Name: \_\_\_\_\_ Middle Name: \_\_\_\_\_

SEVIS No. \_\_\_\_\_ Number of dependents. \_\_\_\_\_

**Please read the following important information before you submit this form:** Upon completion of your program, you have to depart the U.S. within 30 days of the end date of your program. During the 30-day grace period, the following limitations apply:

- You are not permitted to work paid or unpaid.
- You cannot travel outside the U.S. and re-enter as a J-1.
- Your J-2 dependents must depart the U.S. with you.

### **Section One:**

J-1 Category (select applicable category):  Short-term scholar  Research scholar

DS-2019 end date: \_\_\_\_\_

UAMS final date: \_\_\_\_\_

Your departure date from the U.S.: \_\_\_\_\_

Your personal email address: \_\_\_\_\_

**Section Two:** If you are leaving the U.S. **MORE THAN 15 calendar days** prior to the End Date in your DS-2019, please complete this section. If you are leaving within 15 calendar days prior to the End Date in your DS-2019, skip to Section 3.

### **Reasons for earlier departure:**

- |   |  |
|---|--|
| <input type="checkbox"/> Cultural shock and/ or homesickness                  | <input type="checkbox"/> Withdrawal from program       |
| <input type="checkbox"/> Medical emergency and/ or health of exchange visitor | <input type="checkbox"/> Adjusted program end date.    |
| <input type="checkbox"/> Medical emergency and / or health of family member   | <input type="checkbox"/> Inadequate financial support  |
| <input type="checkbox"/> Program objectives completed early                   | <input type="checkbox"/> Other reason (explain): _____ |

\_\_\_\_\_

**Section Two, continued:**

If you are leaving the U.S. **MORE THAN 15 calendar days** prior to the End Date in your DS-2019, select how you prefer to get the new DS-2019 form with the updated End Date:

- Original copy in person
- Original copy in mail

**Section Three:**

Do you have plans to return to the U.S. in the future?

- Yes
- No

If you plan to return to the U.S. in J-1 or H-1B status in the future, please check whether you're subjected to 12-month bar, 24-month bar or 2-year home country residence requirement in the section "LIMITATIONS/REPEAT PARTICIPATION" on our website:

<https://hr.uams.edu/other/work-life-balance/immigration/j-1-visa/j-1-faqs/>

*Please keep your DS-2019(s) in a safe place! If you wish to return to the U.S. in the future, you may need to provide copies of your DS-2019(s). Never throw away these crucial documents.*

**Section Four:**

J-1 Exchange Visitor's Signature \_\_\_\_\_ Date \_\_\_\_\_

Supervisor's Signature \_\_\_\_\_ Date \_\_\_\_\_

Department Administrator's Signature \_\_\_\_\_ Date \_\_\_\_\_