



## Education Abroad Pre-Departure Checklist

Stay healthy and safe during your education abroad experience!

<input type="checkbox"/>	Research your destination and monitor the local news and notices from the U.S. Embassy.
<input type="checkbox"/>	Make sure your passport is current. The expiration date should be more than six months after the end of your travel.
<input type="checkbox"/>	Get the appropriate visa to enter your destination country. If you need a visa to return to the U.S., make sure yours will be valid when you return.
<input type="checkbox"/>	Complete the mandatory SpartansAbroad pre-departure orientation on D2L (d2l.msu.edu) at least six weeks before you leave.
<input type="checkbox"/>	Visit the MSU Travel Clinic (or other travel health professional) to review: <ul style="list-style-type: none"> <li>• significant/chronic health conditions</li> <li>• updating immunizations</li> <li>• prescriptions</li> </ul>
<input type="checkbox"/>	Review your international health insurance policy and learn more about International SOS medical and security assistance coverage: <a href="http://oihs.msu.edu/ea-isos">oihs.msu.edu/ea-isos</a> .
<input type="checkbox"/>	Enroll in STEP (Smart Travelers Enrollment Program) at <a href="http://step.state.gov">step.state.gov</a> and update your itinerary.
<input type="checkbox"/>	If you're transporting research materials, software, or data, review the export control regulations at <a href="http://exportcontrols.msu.edu">exportcontrols.msu.edu</a> .
<input type="checkbox"/>	Make two copies of all your important documents. Leave one set of copies at home, and pack the other set separately from the originals.
<input type="checkbox"/>	Download the International SOS app and ensure you have an International SOS membership card.

 <p><b>Control Risks</b></p> <p>MEDICAL AND TRAVEL SECURITY ASSISTANCE</p> <p>MICHIGAN STATE UNIVERSITY</p> <p>Comprehensive Membership #11BCAS798617</p> <p>Call our medical and travel security experts 24/7 for all enquiries, be they of a routine or emergency nature.</p> <p>Download the free Assistance App from <a href="http://app.internationalsos.com">app.internationalsos.com</a></p>	<p>Call our medical and travel security experts 24/7 for all enquiries, be they of a routine or emergency nature.</p> <table border="1"> <tr> <td><b>BALI</b> +62 361 710 505</td> <td><b>BANGKOK</b> +66 2 205 7777</td> <td><b>BEIJING</b> +86 10 6462 9100</td> </tr> <tr> <td><b>DUBAI</b> +971 4 601 8777</td> <td><b>FRANKFURT</b> +49 6102 3588 100</td> <td><b>GENEVA</b> +41 22 785 6464</td> </tr> <tr> <td><b>HANOI</b> +84 4 3934 0666</td> <td><b>HO CHI MINH CITY</b> +84 8 3829 8520</td> <td><b>HONG KONG</b> +852 2528 9900</td> </tr> <tr> <td><b>JAKARTA</b> +62 21 750 6001</td> <td><b>JOHANNESBURG</b> +27 11 541 1300</td> <td><b>KUALA LUMPUR</b> +603 2787 3126</td> </tr> <tr> <td><b>LONDON</b> +44 20 8762 8008</td> <td><b>MADRID</b> +34 91 572 4363</td> <td><b>MANILA</b> +63 2 6870909</td> </tr> <tr> <td><b>MOSCOW</b> +7 495 9376477</td> <td><b>NEW DELHI</b> +91 11 4189 8800</td> <td><b>PARIS</b> +33 155 633 155</td> </tr> <tr> <td><b>PHILADELPHIA</b> +1 215 942 8226</td> <td><b>SEOUL</b> +82 2 3140 1700</td> <td><b>SINGAPORE</b> +65 6338 7800</td> </tr> <tr> <td><b>SYDNEY</b> +61 2 9372 2468</td> <td><b>TAIPEI</b> +886 2 2523 2220</td> <td><b>TOKYO</b> +81 3 3560 7183</td> </tr> </table> <p>WORLDWIDE REACH. HUMAN TOUCH. <a href="http://internationalsos.com/members">internationalsos.com/members</a></p>	<b>BALI</b> +62 361 710 505	<b>BANGKOK</b> +66 2 205 7777	<b>BEIJING</b> +86 10 6462 9100	<b>DUBAI</b> +971 4 601 8777	<b>FRANKFURT</b> +49 6102 3588 100	<b>GENEVA</b> +41 22 785 6464	<b>HANOI</b> +84 4 3934 0666	<b>HO CHI MINH CITY</b> +84 8 3829 8520	<b>HONG KONG</b> +852 2528 9900	<b>JAKARTA</b> +62 21 750 6001	<b>JOHANNESBURG</b> +27 11 541 1300	<b>KUALA LUMPUR</b> +603 2787 3126	<b>LONDON</b> +44 20 8762 8008	<b>MADRID</b> +34 91 572 4363	<b>MANILA</b> +63 2 6870909	<b>MOSCOW</b> +7 495 9376477	<b>NEW DELHI</b> +91 11 4189 8800	<b>PARIS</b> +33 155 633 155	<b>PHILADELPHIA</b> +1 215 942 8226	<b>SEOUL</b> +82 2 3140 1700	<b>SINGAPORE</b> +65 6338 7800	<b>SYDNEY</b> +61 2 9372 2468	<b>TAIPEI</b> +886 2 2523 2220	<b>TOKYO</b> +81 3 3560 7183
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