



## Definitions

Clinical supervision means a contractual relationship in which a clinical supervisor engages with a supervisee to:

- promote the professional growth of the supervisee;
- enhance the supervisee's safe and effective use of self in the therapeutic relationship;
- discuss the direction of therapy; or
- safeguard the well-being of the client.

The practice of psychotherapy is the assessment and treatment of cognitive, emotional or behavioural disturbances by psychotherapeutic means, delivered through a therapeutic relationship based primarily on verbal or non-verbal communication.

Do you understand CRPO's definitions of clinical supervision, clinical supervisor and the scope of practice of psychotherapy? YES  NO

## Attestation of Supervision

I provided \_\_\_\_\_ (supervisee name) with:

\_\_\_\_\_ hours of clinical supervision (individual/dyadic), and

\_\_\_\_\_ hours of clinical supervision (group format) with 3-8 supervisees in the group,

from \_\_\_\_\_ (start date) to \_\_\_\_\_ (end date).

The supervision hours provided were in relation to direct client contact hours the supervisee completed at

\_\_\_\_\_ (name of supervisee's practice site).

## Disclaimer and Signature

I hereby affirm that the information above is true and accurate.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
*(Signature must be handwritten or electronic: do not type name)*