

STUDENT EMPLOYEE JOB VACANCY FORM

To list a student employee position opening, complete this form and return it to Student Employment, Department of Student Financial Assistance, Room 340 Potter Hall (FAX 6586). The position will be posted in the Job Vacancy Binder located in Student Employment, on a Job Vacancy List for distribution to eligible applicants, and on Student Employment's Web Page. Please notify our department at 745-5513 once the position has been filled so we can remove it from our listings.

Job Title **Personal Trainer**

Payrate \$16.00 per hour

Hours per Week 20 hours

Beginning Date ASAP

Number of Positions 1 position available

Work Schedule Flexible hours between 5:45am-11:00pm. The time of sessions is to be agreed upon between the trainer and the client.

Job Description Work one-on-one or with two or three clients, either in the Preston Center Fitness Center or in the Health & Fitness Lab personal training studio. Help clients to set up realistic short-term and long-term goals and create an appropriate exercise program. Work with clients in sessions, helping them with their workouts, typically using cardiovascular, strength and flexibility exercises, and monitor and record progress.

Required Skills Possess certification through a nationally recognized professional associations devoted to fitness and related areas, such as ACSM, ACE, AFAA, NSCA; Obtain CPR and First Aid certifications within 30 days of hiring date; Ability to communicate with clients and manage scheduling sessions; Previous personal training experience preferred.

Department Intramural-Recreational Sports

Contact Person Jarka Voracova, Exercise Coordinator

Location Health & Fitness Lab, Preston Center

Office Phone **Interested applicants DO NOT CALL, please drop off the application at the Health & Fitness Lab, Preston Center. The application form is available in the Health & Fitness Lab or online at <http://www.wku.edu/imrec/facilities/application.pdf>**

Date Submitted/Term 9/16/11

<i>Student Employment Office Use Only</i>	
Posted on Web Page	
Placed in Binder	