



BA/BS in Human Development Degree Planning Worksheet

Bachelor’s degree programs in Human Development must meet all six foundations listed below. Knowledge of each outcome can be demonstrated through transcript credit, individual prior learning assessment (iPLA), prior learning evaluation (PLE), credit by examination, or specific courses at Empire State College. The goal of this worksheet is to provide a list of some of the SUNY Empire courses that fulfill each foundation. While many students will take one or more courses for each foundation, some courses may meet more than one foundation. Students will explain how they meet each foundation in their Degree Program Rationale.

In consultation with their mentor, students are encouraged to use the worksheet below to help determine how their degree will meet Area of Study Guidelines. Empire’s general graduation requirements (e.g., General Education, Educational Planning, credit totals) also apply.

Approved by dept: March 7, 2022

Foundation 1 – Lifespan Development

Choose one:

- HUDV 1015: Human Development: Introductory _____
- HUDV 3025: Human Development: Advanced _____
- Other:** _____

OR choose one from each developmental category:

Child development

- HUDV 1005 Child Development: Introductory _____
 - HUDV 3015 Child Development: Advanced _____
 - HUDV 1010 Child and Adolescent Development: Introductory* _____
 - HUDV 3020 Child and Adolescent Development: Advanced* _____
 - Other:** _____
- *fulfills Child and Adolescent Development requirements*

Adolescent development

- HUDV 2005 Adolescent Development: Introductory _____
- HUDV 3080 Adolescent Development: Advanced _____
- Other:** _____

Adult development

- HUDV 2015 Adult Development: Introductory _____
 - HUDV 3005 Adult Development: Advanced _____
 - HUDV 2020 Adult Development and Aging: Introductory* _____
 - HUDV 3010 Adult Development and Aging: Advanced* _____
 - Other:** _____
- *fulfills Adult and Aging Development requirements*

Aging

- HUDV 2010 Gerontology _____
- PSYC 3115 Psychology of Aging _____
- Other:** _____

Foundation 2—Biological Bases of Development

Note: If a series of developmental courses were chosen to meet Foundation 1, those courses could also meet this Foundation.

Choose one:

HUDV 3055: Developmental Neurobiology _____

PSYC 2005: Brain & Behavior _____

PSYC 3040: Biological Psychology _____

BIOL 1002: Human Biology _____

Other: _____

Foundation 3—Cognitive Bases of Development

Note: If a series of developmental courses were chosen to meet Foundation 1, those courses could also meet this Foundation.

Choose one:

HUDV 3057 Cognitive Development _____

PSYC 2025: Educational Psychology: Introductory _____

PSYC 3015: Educational Psychology: Advanced _____

EDST 4005: Adults as Learners: Theories & Strategies _____

EDST 4010: Human Learning: A Developmental Approach _____

Other: _____

Foundation 4 – Social and Emotional Bases of Development

Note: If a series of developmental courses were chosen to meet Foundation 1, those courses could also meet this Foundation.

Choose one:

HUDV 2035: Attachment in Early Childhood _____

HUDV 3065: Human Exceptionalities _____

HUDV 3066: Developmental Psychopathology _____

HUDV 3035: Attachment Across the Lifespan _____

ECET 4015: Development & Meaning of Play _____

Other: _____

Foundation 5—Cultural Diversity

Choose one:

- HUDV 3065: Human Exceptionalities _____
 - HUDV 3075: Western Civilization & Human Development _____
 - HUDV 4010: Development of Gender Identity _____
 - PSYC 3055: Cultural Psychology _____
 - PSYC 4030: Media Psychology _____
 - PSYC 4035: Multicultural Counseling _____
 - ANTH 1010: Introduction to Cultural Anthropology _____
 - GSST 1005: Introduction to Women, Gender & Sexuality Studies _____
 - GSST 2005: Introduction to LGBTQ+ Studies _____
 - SOCI 2010: Introduction to Race, Class & Gender _____
 - ANTH 3010: Diversity & Cultural Competency _____
 - ANTH 3020: Families in Global Perspective _____
 - ANTH 3030: Immigration Today: Gender & Family _____
 - CHFS 3060: Multicultural Study of Children & Families _____
 - GSST 3030: Sex and Gender in Global Perspective _____
- Other:** _____

Foundation 6—Methodology and Ethics

Choose one:

- HUDV 3085 Research Methods for Lifespan Development* _____
 - SOSC 3025: Social Science Research Methods _____
- Other:** _____
- *formerly HUDV 4020: Research Perspectives on Human Development*