

Feedback worksheet

1. Getting feedback

What is the feedback you have received?

2. Understanding feedback

Now determine exactly what the feedback is about. <i>Be specific</i>

3. Using Feedback

Now turn it into a positive question for you to take action. e.g. <i>How can I better interpret and break down an essay question?</i>

Now become accountable and take action. e.g. *I will implement this action to improve this skill for next time. Or I will find the resources to help me improve on this.*

Plan of action