

# Weekly Meal Planner

Morning Snacks

Lunch

Afternoon Snacks

Tea

Monday	Popcorn	Broccoli Cheese Bake with Steamed Carrots	Fresh fruit/Milk	Tomato Soup with Crackers
Tuesday	Oat Biscuits	Cheese & Onion Pie	Fresh fruit/Milk	Courgette Fritters
Wednesday	Rice Cakes	Cauliflower & Chickpea Curry with rice	Fresh fruit/Milk	Mushroom Soup
Thursday	Homemade Shortcake Biscuits	Pasta shells with peas	Fresh fruit/Milk	Bombay Potato Hot Wraps
Friday	Warm Butter Corn	Veg Fingers with Wedges	Fresh fruit/Milk	French Onion Soup with Garlic Bread