

Take Notes During Your Visit

Here is a list of things you might want to write down during your doctor's visit:

1) My doctor said I have _____
(new diagnosis, disease, or condition)

2) My doctor wants me to start/change the following medications:

Medication Name:	Dose:	When/How Often:

3) My doctor wants me to stop _____
(list medicine, smoking, foods, alcohol, etc.)

4) My doctor wants me to start _____
(exercise, special diet, treatment, therapy, etc.)

5) My doctor wants me to see a specialist:

Doctor Name:	Contact Info:	When:	For:

6) My tests today showed:

Test Name:	Result:	Doctor's Recommendation

7) Additional notes (special instructions, etc.)

8) My doctor wants me to come back or call back on: _____