

# Bullet Journal Ideas

## Yearly & Monthly Goals

- ❖ Personal Goals
- ❖ Health & Wellness Goals
- ❖ Financial Goals
- ❖ Work Goals
- ❖ Goals Tracker

## Planning

- ❖ Birthday List
- ❖ Gift Ideas
- ❖ Travel Packing List
- ❖ Birthday Card Tracker
- ❖ Project Planner
- ❖ Contacts

## Meals

- ❖ Meal Planning
- ❖ Favorite Recipes
- ❖ Recipes to Try

## Fitness

- ❖ Water Intake
- ❖ Exercise Log
- ❖ Weight Loss Log
- ❖ Food Log
- ❖ Marathon Planner
- ❖ Meditation Tracker
- ❖ Sleep Tracker

## Things To Do

- ❖ Daily & Weekly To-Do
- ❖ Bucket List
- ❖ Movies to See
- ❖ Restaurants to Try
- ❖ Books to Read
- ❖ Trips to Take

## Freestyle

- ❖ Doodling
- ❖ Mind Mapping
- ❖ Poetry