

Continuing Learning Schedule

Time	Activity	Suggestions
Before 9 A.M.	Wake Up	Wake up, eat breakfast, make bed, get ready for the day
9:00 - 10:00 A.M.	Free Time OR Outside Time	Watch TV, play a board game, IPAD, play outside, etc.
10:00 - 11:30 A.M.	Academic Time (4 different 20 minute activities)	Educational activities from the "Continuing Learning Activities" checklist
11:30 - 12:00 noon	Lunch	
12:00 - 12:30 A.M.	Outside Time OR Creative Time	Talk pet for a walk, play in the yard, or go for a walk Coloring, art projects, play with dolls or action figures, etc.
12:30 - 1:00 P.M.	Chores	Household job responsibilities
1:00 - 2:30 P.M.	Academic Time (4 different 20 minute activities)	Educational activities from the "Continuing Learning Activities" checklist
2:30 - 3:00 P.M.	Chores OR Free time	Household job responsibilities OR watch TV, play a board game, IPAD, play outside, etc
3:00 - 4:00 P.M.	Quiet Time	Read book of choice, puzzles, color, write, or draw (No Tech)
4:00 - 5:00 P.M.	Creative Time	Coloring, art projects, play with dolls or action figures, etc.
5:00 - 6:00 P.M.	Dinner Time	
6:00 - 8:00 P.M.	Free Time	watch TV, play a board game, IPAD, play outside, etc
8:00 - 9:00 P.M.	Bedtime Routine	