

P.I.E.C.E.S.TM Assessment Worksheet

P.I.E.C.E.S.TM Consult Group: Hamilton, P., Harris, D., Le Clair, K. & Collins, J. (2008). *Putting the P.I.E.C.E.S. TogetherTM: A Model for Collaborative Care and Changing Practice. A Learning Resource for Professionals Providing Long-Term Care to Older Adults with Complex Physical and Cognitive/Mental Health Changes* (6th Ed.). Toronto, ON: P.I.E.C.E.S.TM Consult Group.

1. What has changed? What is the behavioral concern? Is it a change for this person because it is new? When did it emerge? Did the behavior already exist? If so, is it worse or different and when did the change emerge?		
2. What are the RISKS and possible causes?		
➤ RISKS – What is the degree of risk?		
R Roaming/ Wandering		
I Imminent Physical Risk (frailty/falls, fire, firearms)	History of delirium?	
S Suicide (expressed thoughts, plan, history)		
K Kinship Relationship (risk of harm to the person or to others)		
S Self Neglect (substance use/misuse)		
➤ Possible CAUSES – Think P.I.E.C.E.S.TM		
Physical	Delirium:	History of delirium?
	Disease:	
	Discomfort:	Assess behaviour for signs of PAIN
	Disability:	
	Drugs:	

I Intellectual	Amnesia (memory) Aphasia (language) Agnosia (recognition) Apraxia (perform task) Anosognosia (insight) Altered perception Apathy	
E Emotional	Irritability, withdrawal, loss of interest, loss of engagement in recovery, appetite and sleep disturbances, delusions, hallucinations, psychosis, depression and suicide.	
C Capabilities	What are the person's functional abilities? Consider: <ul style="list-style-type: none"> • Eating • Hygiene/grooming • Dressing • Toileting • Ambulation/transfers • Sleep 	
E Environment	Environmental trigger: <ul style="list-style-type: none"> • Over (under) stimulation, relocation, privacy, use of restraints, lighting, colours, patterns) • Need environmental cues (e.g., signs for bathroom) 	
S Social	<ul style="list-style-type: none"> • Values, wishes, beliefs, life story, social network, culture, spiritual, family relationships • Past memories bring joy, a sense of pride • Traumas 	
3. What is the ACTION?		
<ul style="list-style-type: none"> ➤ Investigations/Interventions: ➤ Interactions: (What are the care approaches that best address the needs/values/wishes of the person?) ➤ Information: (How will the information be shared as a TEAM?) 		