

SAFE GLUTEN-FREE

HALLOWEEN CANDY



There are already plenty of spooks and scares during the Halloween season. Gluten-filled candy shouldn't be one of them. Here's a list of safe gluten-free candy, so you can get back to fearing ghouls and goblins instead!

Ferrara Candy Company

Atomic Fireballs
Black Forest Gummies and Fruit Snacks
Bob's Sweet Stripes
Boston Baked Beans
Brach's Candy Corn (*plus many other Brach's candies – check labels*)
Ferrara Gummies and Jellies (*Gum Drops, Orange Slices, etc.*)
Goobers
Jawbreakers/Jawbusters
Jujubes
Jujyfruits
Lemonhead (*Regular and Chewy*)
Now & Later
Rain-Blo Gumballs
Red Hots
Sathers Cherry Sours
Sathers Gummies
SweeTarts (*Original variety; check labels on other varieties*)
Trolli Gummies and Fruit Snacks (*all except Sour Brite Bites and Twisted Sour Brite Crawlers*)

Ferrero USA

Butterfinger Bar (*only Original in fun size, mini, singles, and share packs, and Butterfinger Bites*)
Raisinets

Hershey's Chocolate

Almond Joy (*all except Almond Joy Pieces*)
Heath Bars
Hershey's Hugs
Hershey's Kisses (*only Milk Chocolate, Special Dark Mildly Sweet Chocolate, Candy Cane, Kiss Deluxe, Espresso, Creamy Milk Chocolate, Creamy Milk Chocolate with Almonds, and Meltaway Milk Chocolate*)

Hershey's Kisses Filled Chocolates (*only Milk Chocolate with Caramel, Milk Chocolate with Cherry Cordial Crème, and Dark Chocolate with Mint Truffle*)
Hershey's Milk Chocolate Bar (*only in the 1.55-ounce size*)
Hershey's Milk Chocolate with Almonds Bar (*only in the 1.45-ounce size*)
Hershey's Nuggets (*only Milk Chocolate, Milk Chocolate with Almonds, Special Dark Chocolate, Special Dark Chocolate with Almonds, and Extra Creamy Milk Chocolate with Toffee and Almonds*)
Milk Duds
Mounds
Payday
Reese's Fast Break
Reese's Nutrageous (*standard and king*)
Reese's Peanut Butter Cups and Reese's Pieces Peanut Butter Cups (*all except seasonal shaped items*)
Reese's Pieces (*all except Reese's Pieces Eggs*)
Rolo Caramels in Milk Chocolate (*all except Minis*)
Skor Toffee Bars
York Peppermint Pattie (*all except Sugar Free Patties, York Pieces, York Minis, and York Shapes*)

Jelly Belly Candy Company

Candy Corn
Jelly Beans (*all varieties, including licoice*)

Just Born Confections

Goldenberg's Peanut Chews
Hot Tamales
Mike and Ike
Peeps

Mars/Wrigley

Munch Peanut Bar
Skittles
Starburst Fruit Chews

Smarties Candy Company

Rockets (*only available in Canada*)
Smarties (*all varieties, but note that some products with the Smarties brand are not manufactured by Smarties Candy Company; look for UPC number beginning with "011206" to be certain your product is safe*)

Tootsie Roll Industries

(*As of May 2016, all of Tootsie Roll Industries' confections are gluten-free. The following is a list of popular candies made by the company.*)

Andes
Candy Blox
Caramel Apple Pops
Charleston Chew
Charms Lollipops
Charms Sour Balls
Charms Squares
Cry Baby
DOTS
Dubble Bubble
Frooties

Fruit Chew Pops

Fruit Chews
Junior Mints
Nik-L-Nip
Razzles
Sugar Babies
Sugar Daddy
Tootsie Pops
Tootsie Rolls

Miscellaneous

Free2b Sun Cups
Gimbal's
Go Max Go (*most varieties*)
Justin's Peanut Butter Cups
Lovely Candy Company
Ocho Candy
Pop Rocks
Sjaak's Organic Chocolates
SmartSweets
Surf Sweets
Tom & Jenny's
Torie & Howard
TruJoy Sweets
Unreal Candy
Warheads (*all safe except Sour Coolers and Sour Twists, check labels on Sour Candy Canes and Sour Jelly Beans*)
YumEarth Organics
Zollipops/Zaffi Taffy

Disclaimer: Please note, these products are considered gluten-free as of July 1, 2020. However, you are urged to check product labels and/or contact manufacturers to ensure a product is safe prior to consumption. Peanuts, tree nuts, milk, soy, and other allergens are not accounted for in this list. Some items which companies have claimed are gluten-free may have been processed in facilities that also process items that contain wheat. Simply Gluten Free Magazine does not guarantee accuracy about what foods are safe or unsafe for an individual's diet and is not to be held liable for incorrect or missing data.