



Infant & Children's Vision Resources supported by  
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## SAMPLE LETTER [NOT A TEMPLATE] REFERRAL TO OCCUPATIONAL THERAPIST

[Date]

Re: [Patient Name] DOB: [Date of Birth]

Dear [Optometric Therapist]:

I had the pleasure of evaluating [Patient Name] on [Date of Appointment] pursuant to your referral. You noted in your assessment that [Patient Name] was having trouble following you with his eyes, and with concentrating both eyes on one object.

My examination revealed that [Patient Name] has normal ocular motility (or eye tracking) and binocular vision (or eye teaming). With visual stimuli of interest, he/she was able to converge normally, to cross the midline effectively and has no restriction in the range of his eye movements in any quadrant. [Patient Name] does however have significant latent hyperopia or farsightedness in both eyes, revealed under the influence of 1% cyclopentolate eye drops. These drops relax the focusing mechanism of the eye which can be very labile in some children. The extra effort that [Patient Name] expends on attaining and maintaining focusing accuracy at near objects may account for your observations. I therefore prescribed a low power prescription to aid his focusing for learning activities, which should also be of benefit while you are undertaking therapy with him/her.

I have advised [Patient Name]'s mother to return with him/her in two months to see how he/she is responding to the prescription, particularly with regard to your original observations and concerns. Thank you for the opportunity to be of assistance in [Patient Name]'s visual care. If you have any questions, please do not hesitate to call.

Sincerely,

[Doctor Signature Information]