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WEBSITE www.selfreflections.com.au
SOCIALS self reflections clinic

Dear Referring GP,

RE: Request for Referral

Your patient has approached us because they are interested in seeing our psychologists. We have discussed with them the option of receiving Medicare rebates through the Mental Health Treatment Plan (MHTP) and have advised them to discuss this with you.

If your patient is eligible, the items which will need to be prepared and lodged with Medicare are items 2700, 2701, 2715 or 2717 (GP Referral) or items 272, 276, 281 or 282 (Medical Practitioner).

Referrals for psychological sessions under Better Access must specifically state the number of sessions to be provided. The advice is that specifying a range e.g. "up to 6 sessions" or "up to 10 sessions" is not acceptable. The specific number of sessions e.g. 6, 4 or 10 must be stated.

Please also consider the course of treatment for your patient and whether they are being referred under the initial 6 and 4 sessions. Please note, patients are not eligible to access additional 10 sessions until they complete the initial 6+4 separately.

The details of our psychologists should already be on your system but if they are not, please simply put "Self Reflections" and we will allocate the client based on their needs.

Once the relevant paperwork has been lodged, your referral letter along with a copy of the Mental Health Treatment Plan can be faxed to us directly on 4288 2530, emailed to info@selfreflections.com.au or given to the patient to pass onto us at their first appointment.

If you have any questions regarding this referral request, please don't hesitate to contact us on 4288 2540.

Kind regards,

Klaudia Gebert
Clinic Director
Self Reflections