



Retreat Packing List

<i>Water bottle</i>	<i>Day Pack/backpack</i>
<i>Heavy coat/jacket</i>	<i>Sweater/sweatshirt</i>
<i>Gloves & Beanie/hat</i>	<i>Long pants – sturdy material (2 pairs)</i>
<i>Underwear (3 pairs)</i>	<i>T-shirts (3)</i>
<i>Socks (4 pairs)</i>	<i>Sleepwear</i>
<i>Closed Toed Shoes (tennis shoes/hiking boots)</i>	<i>Sunscreen</i>
<i>Chapstick</i>	<i>Sunglasses/eye protection</i>
<i>Towel</i>	<i>Toothbrush/toothpaste</i>
<i>Sleeping bag or bedding</i>	<i>Pillow</i>
<i>Deodorant</i>	<i>Soap/Shampoo</i>
<i>Large plastic bag for wet/dirty clothes</i>	<i>Appropriate reading material for bunk time</i>

PLEASE NOTE: Firearms, tobacco, alcohol, money, radios, candy, gum, knives, electronics, video games, or cell phones are not to be brought to Stone Canyon. Do not bring any clothing or other apparel that would display or carry a negative or inappropriate message.

Please check the weather for the day(s) of your trip, pack for day & night, as the weather changes quickly in the canyon.