



NATIONAL COMPULSORY WORKSHOPS DAILY SCHEDULE

DAY ONE: Thursday, May 30 or June 6

4:00 - 9:00	Early Registration
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DAY TWO: Friday, May 31 or June 7

7:30 - 8:30	Registration
8:30 - 9:00	Official Opening
9:00 - 12:30	Level 5 FX
12:30 - 2:00	Lunch Break
2:00 - 3:30	Levels 4 & 5 Bars
3:45 - 5:45	Level 5 Beam
5:45 - 7:30	Dinner Break
7:30 - 9:00	Open Practice

DAY THREE: Saturday, June 1 or 8

8:30 - 9:00	Q & A from Day Two
9:00 - 12:00	Level 4 FX
12:00 - 1:30	Lunch Break
1:30 - 2:15	Levels 4 & 5 Vault
2:30 - 4:15	Level 4 Beam
4:30 - 5:15	Conditioning/Flexibility
5:15 - 5:45	Q & A from Day Three
5:45 - 6:30	Deductions/Judging issues
6:30 - 7:45	Dinner Break
7:45 - 9:00	Open Practice

DAY FOUR: Sunday, June 2 or 9

8:30 - 10:30	Levels 1-3 FX
10:45 - 11:30	Levels 1-3 Vault
11:30 - 1:00	Lunch Break
1:00 - 2:00	Levels 1-3 Bars
2:00 - 3:30	Levels 1-3 Beam
3:30 - 4:00	Q & A from Day Four