

Mental Status Exam Form

Client

Date

Ethnicity

Apparent Age

- younger
- stated age
- older

Handedness

- Right
- Left

Sex

- male
- female

Build

- average
- thin
- underweight
- petite
- healthy
- stocky

Stature

- below average
- average
- above average

Coordination and Gait

- no difficulties
- used a cane
- some anxiousness and restlessness
- awkward
- some clumsiness
- staggered
- shuffling

Grooming

- good
- satisfactory
- neglected
- adequate
- poor

Dress

- casual
- stylish
- ok for work
- ok for weather
- ok for age
- dirty

Interpersonal Style

- congenial
- engaging
- guarded
- hostile
- open/candid
- somewhat shy
- patient/cooperative
- open and motivated
- friendly/polite
- relaxed/unconcerned
- quiet/withdrawn
- cautious/defensive
- distant/disengaged
- irritable/guarded
- annoyed/irritable

Repeated Questioning

- yes
- no

Approach

- cooperative
- dependent
- conscientious
- motivated/focused
- unconcerned
- apathetic/careless
- passive/unassertive
- resistant and defensive
- negativistic/critical
- careless and sloppy
- hurried
- needed minor/considerable reinforcement and soothing
- lethargic
- uncertain/somewhat anxious/declined to guess
- interested/thoughtful
- compliant but poorly motivated

Speech

- understandable/clear
- fluent/easy to understand
- coherent/meaningful
- clear/logical
- normal rate/volume
- variable rate but clear
- appeared thoughtful
- used a loud voice
- abundant/excessive
- animated/confident
- overly friendly
- mumbled
- simple/soft-spoken
- difficulty finding words
- stuttering
- poor articulation
- included profanity
- pressured/fast-paced
- critical/sarcastic
- slurred/hard to understand
- catch phrases and cliches
- impoverished w/ little detail

Eye Contact

- good
- normal
- fleeting
- avoided
- brief contact quickly broken

Conversation

- could initiate and hold
- no difficulties
- unwilling to engage
- difficulty finding words
- hesitant
- unable/able to comprehend questions
- use of odd or bizarre words
- note if English is not primary language, comment on command

Recall of Personal Hx

- no difficulty
- some difficulty
- honestly
- some reluctance

Recent Past

- adequate detail
- sparse detail
- normal level of detail
- avoided certain topics

Recall Of 3 Words

(like Cadillac, Purple, and Zebra)

3 2 1 0

Prompting Helped

- yes
- no

Examiner's Name

- remembered
- forgot

Certainty of Information

- probably true
- veracity is doubtful

Alert/Oriented

- alert and oriented
- distracted
- no distractibility
- high distractible
- basically oriented
- no impairment
- imperfect
- tired/from working late

Communications

- coherent
- clear/understandable
- lacking in needed detail
- confusing
- reluctant and hesitant
- overly detailed and difficult to follow

Relevance

- clear and appropriate
- on-topic
- irrelevant/inappropriate
- off-topic
- relevant
- tangential/unrelated

Thought Processes

- organized
- concrete/simplistic
- strained/illogical
- clear/understandable
- no loose associations
- preoccupations
- perseverative
- poorly organized/difficult to follow most of time
- some disorganized reasoning
- confusing/difficult to follow
- suspiciousness or paranoid reasoning
- no pressured speech or obsessive thoughts
- no difficulty explaining thoughts and finding words
- no indications of a formal thought disorder

Hallucination and Delusions

- no history
- some history
- no history except associated with drugs
- no history, but some evidence

Attention and Concentration

(Serial 3s or 7s, "WORLD", days or months backwards)

- satisfactory
- adequate or sufficient
- variable, likely due to apparent depression
- no sig impairment
- mildly deficient
- poor
- distractible
- adequate
- adequate, with occasional distractions
- mild to mod impairment

Motivation

- poor motivation
- inconsistent
- did not improve
- easily weakened

sample proverbs

- A rolling stone gathers no moss
- In the land of the blind, the one-eyed person is king
- All that glitters is not gold
- Don't count your chicken before they hatch
- Don't put all your eggs in one basket
- Strike while the iron is hot
- Rome wasn't built in a day
- When the cat's away the mice will play
- A stitch in time saves nine
- You can dress a monkey in silk but it's still a monkey ("Aunque la mona se vista in seda...")

sample sayings

- What would I mean if I said I were feeling blue? seeing red? I had a chip on my shoulder? or was hot under the collar?

sample duplicate definitions

- left, bit, right

Judgment and Intellectual Ability

- good, able to anticipate outcomes
- adequate, able to use feedback to learn from mistakes
- fair, able to learn from some experiences
- poor, difficulty predicting results of choices
- roughly average, above average, or below average
- based on ?s like "name last four presidents," "who is the governor of the state," "what is the capitol of the state," "what direction does the sun set" ...

Abstraction

- poor, adequate, good, based on proverbs and sayings, similarities, and duplicate definitions for words

Memory

- reported problems
- could/could not recall plot of favorite movie or book logically
- denied problems
- difficult to understand line of reasoning

Mood and Affect

(Climate and Weather)

- calm and composed
- reserved
- seemed depressed
- irritated
- somewhat agitated
- anxious
- bored and disinterested
- upbeat and elevated
- generally relaxed/untroubled
- initially calm, but became...

Expressions

- ir/relevant
- in/appropriate
- normal
- flat
- somewhat subdued
- labile
- consistently happy
- consistent w/ reported mood

Apparent Emotions

- annoyed
- calm
- resentful
- anxious
- agitated
- defeated
- shameful
- defended
- unfairly treated

Facial and Emotional Expressions

- relaxed
- tense
- smiled
- laughed
- became insulting
- yelled
- happy
- sad
- alert
- day-dreamy
- angry
- smiling
- distrustful/suspicious
- tearful when discussing such and such

Displays of Inappropriate Affect

- yes
- no

Suicidal/Homicidal Thoughts

- denied
- denied, but noted...
- reported

Response To Failures

- unconcerned by
- unaware of
- demoralized by
- able to recover after
- frustrated over
- satisfied to accept
- annoyed by
- distressed by
- unmotivated to improve after

Response To Rapport

- easy
- easy after anxiety decreased
- tenuous
- difficult
- easy then difficult
- easily upset

Audio Comment

- audio-taped administration
- depressed and poor concentration
- poor comprehension
- poor motivation
- skipped some questionnaires
- questions read by examiner; answers taken by dictation