



**CITY OF ANGLETON, TEXAS
PUBLIC NOTICE OF A SENIOR COMMISSION MEETING
MONDAY, JUNE 1, 2020, 11:30 A.M.
1601 N. VALDERAS STREET ANGLETON, TEXAS 77515**

NOTICE IS HEREBY GIVEN PURSUANT TO V.T.C.A., GOVERNMENT CODE, CHAPTER 551, THAT THE SENIOR COMMISSION FOR CITY OF ANGLETON WILL CONDUCT A MEETING, OPEN TO THE PUBLIC, ON MONDAY, JUNE 1, 2020, AT 11:30 A.M., AT THE CITY OF ANGLETON RECREATION CENTER, ROOM 2, LOCATED AT 1601 N. VALDERAS STREET ANGLETON, TEXAS 77515.

SUPPLEMENTAL NOTICE OF MEETING BY TELEPHONE/VIDEO CONFERENCE:

In accordance with an Order of the Office of the Governor issued March 16, 2020, the Senior Commission of City of Angleton, Texas will conduct the meeting scheduled at Monday, June 1, 2020, at 11:30 A.M., at The Angleton Recreation Center at 1601 N Valderas Street Angleton, Texas 77515 by telephone or video conference in order to advance the public health goal of limiting face-to-face meetings (also called “social distancing”) to slow the spread of the Coronavirus (COVID-19). There will be no public access to the location described above.

The City will be using a telephone/video conferencing tool called ZOOM to make the meeting available to the public. You must register in advance for this meeting:

https://us02web.zoom.us/meeting/register/tZAqd-6rrzkoHtAa6_QHXXU8hs6Dh27h-GvM

After registering, you will receive a confirmation email containing information about joining the meeting.

AGENDA

1. Declaration of a quorum and call to order
2. Citizens wishing to address Senior Commission

The Presiding Officer may establish time limits based upon the number of speaker requests, the length of the agenda, and to ensure meeting efficiency, and may include a cumulative time limit.

Citizens may speak at the beginning or at the time the item comes before the commission in accordance with Texas Government Code Section 551.007. To address the Commission, please notify staff prior to the meeting. No Action May be Taken by the Senior Commission During Public Comments.

3. Approval of the minutes
4. Report on the resignation of commission member Carmen Ducro and the need for a new member.
5. Report regarding ActionS activities at the Recreation center.
6. Report on the new format of the senior newsletter.
7. Report on virtual classes and programs for seniors.
8. Report on the new structure for senior birthday party.
9. Items for next Senior Commission meeting.
10. Adjournment

CERTIFICATION

I, Pat Aschenbeck, Recreation Specialist, do hereby certify that this Notice of a Senior Commission Meeting was posted on the City Hall bulletin board, a place convenient and readily accessible to the general public at all times and to the City's website, www.cityofangleton.tx.us, in compliance with Chapter 551, Texas Government Code. The said Notice was posted on the following date and time: Thursday, May 28, 2020 by 5:00 p.m. and remained so posted continuously for at least 72 hours proceeding the scheduled time of said meeting.

/s/ Pat Aschenbeck

Pat Aschenbeck
Recreation Specialist

In compliance with the Americans with Disabilities Act, the City of Angleton will provide reasonable accommodations for persons attending City meetings. The facility is wheelchair accessible and accessible parking spaces are available. Please contact the City Secretary at 979-849-4364, extension 2115 or email faquilar@angleton.tx.us.



**CITY OF ANGLETON, TEXAS
SENIOR COMMISSION AGENDA
ITEM SUMMARY FORM**

MEETING DATE: 6/1/2020

ITEM # 3

PREPARED BY: Pat Aschenbeck

AGENDA ITEM:

AGENDA ITEM DESCRIPTION: Approval of the minutes of the Senior Commission regular called meeting of February 4, 2020.

- | | | |
|---|--|---|
| <input type="checkbox"/> Presentation | <input checked="" type="checkbox"/> Consent item | <input type="checkbox"/> Discussion item |
| <input type="checkbox"/> Discussion and possible action | <input type="checkbox"/> Public hearing | <input type="checkbox"/> Executive session item |

BUDGETED AMOUNT:
N/A

FUNDS REQUESTED:
N/A

FUND:
N/A

EXECUTIVE SUMMARY: Regular called meeting of February 4, 2020.

ATTACHMENTS (Attachment description): The minutes of the senior commission meeting from February 4, 2020.

RECOMMENDATION: Staff recommends Senior Commission approve the minutes.



**CITY OF ANGLETON
SENIOR COMMISSION REGULAR MEETING MINTUES
TUESDAY, FEBRUARY 4, 2019, 11:30 A.M.
1601 N VALDERAS ANGLETON, TEXAS 77515**

THE FOLLOWING REPRESENTS THE ACTIONS TAKEN BY THE ANGLETON SENIOR COMMISSION IN THE ORDER THEY OCCURRED DURING THE MEETING. THE SENIOR COMMISSION OF ANGLETON, TEXAS CONVENED IN A REGULAR MEETING ON TUESDAY, FEBRUARY 4, 2020, AT 11:30 A.M. IN ROOM ONE OF THE ANGLETON RECREATION CENTER, 1601 N VALDERAS, ANGLETON, TEXAS.

DECLARATION OF A QUORUM AND CALL TO ORDER

With a quorum present, Commission Member Sara McDaniel called the Senior Commission meeting to order at 11:33 A.M. Carmen Ducro & Archie Milum were absent.

APPROVAL OF THE MINTUES

The minutes were read and approved as written by Sara McDaniel and seconded by Judy Schaefer.

1. Report on Senior Fitness program.

Pat talked about the senior classes. The attendance has been up since the first of the year. Also talked about the senior TRX class being dropped and that some seniors were doing TRX by themselves. Judy asked what TRX was and Pat explained to her. Talked about a few new classes being started. Judy asked about Silver Sneakers and Pat explained how it worked.

2. Discussion on Silver Heart Wednesday Program and action.

Pat talked about the Wednesday program is doing good with about 30 participants. Talked about the rest of the week that the numbers were 10 to 15 people. Pat talked about the start of daily programming, including a sit & fit class, maybe a microwave cooking class, a jewelry class, Tupperware party and bridge.

3. Discussion and possible action regarding senior trips.

Pat talked about the trips, and that the day trips did really good and the overnight trips not as good. Talked about the cost recover increase for the non-residents has stopped some of the Rosharon and other out of town people from signing up for trips, Judy

made comment that it was a good that there is an extra charge for the non-resident's because the residents already pay city taxes. Pat explained that for the most part that the trips have always been 100% cost recovered, except for the bus drivers' fees (hotel, food and museum or play entry) and that we are collecting that now. Cecil asked about the trips and where we went, so Pat explained about the 4 trips a month. Pat talked about the New Orleans 2-night trip and how low the price was going to be, and all the commission members thought that was great. Also, we talked about the cost recovery meetings that was to take place.

4. Discussion and possible action regarding on the Senior Christmas party.

Pat talked the attendance of the Christmas party and that there were 142 signed up and 117 showed up. We talk about the 12 Days of Christmas skit we did and how much fun it was and the amount of door prizes. Pat talked about the budget and how much was spent, talked about the catering of the event.

5. Discussion and possible action regarding new senior programs.

Pat discussed the Be Well, Live Well classes that will be here in April and the Tea & Talk about home safety. Pat talked about getting a new workshop in called A Matter of Balance. Everyone thought that sounded good. Also talked about bringing in more Texas-Ag workshops. Cecil talked about his wife teaching a Be Well type of program to the kids she teaches.

6. Discussion and possible action regarding the cost recovery public meetings.

That was discussed earlier so there was not further discussion.

7. Items for next meeting and next meeting date.

We talked about moving the meetings to a Monday due to some not being able to make a Tuesday. Sara works every 2nd & 4th Monday, so Pat agreed to check the calendar and letting them know by email when the next date would be.

8. Adjournment.

Meeting adjourned at 12:17pm

ATTEST:

Pat Aschenbeck
Pat Aschenbeck
Senor Coordinator



**CITY OF ANGLETON, TEXAS
SENIOR COMMISSION AGENDA
ITEM SUMMARY FORM**

MEETING DATE: 6/1/2020

ITEM # 4

PREPARED BY: Pat Aschenbeck

AGENDA ITEM: Report on the resignation of commission member Carmen Ducro and the need for a new member.

AGENDA ITEM DESCRIPTION:

- | | | |
|---|---|---|
| <input type="checkbox"/> Presentation | <input type="checkbox"/> Consent item | <input checked="" type="checkbox"/> Discussion item |
| <input type="checkbox"/> Discussion and possible action | <input type="checkbox"/> Public hearing | <input type="checkbox"/> Executive session item |

BUDGETED AMOUNT:
N/A

FUNDS REQUESTED:
N/A

FUND:
N/A

EXECUTIVE SUMMARY:

ATTACHMENTS (Attachment description): Resignation letter from Carmen Ducro.

RECOMMENDATION:

March 1, 2020

Pat Aschenbeck:

I am sorry to say that I am resigning from the Senior Commission due to my health problems and the health problems of my immediate family. I do not feel I have the time to give the commission at this time. You might consider Howard Heckethorn. He always seems interested in everything the center does and things that are important to him as a homeowner. I feel he is a very competent person. Just a suggestion!

In addition, I am not going to have the time devoted to acquiring gift certificates for the annual birthday bash and Christmas party, so I would appreciate it if you could find someone else to do that.

Thank you for recommending me for the Senior Commission. I felt very honored that you did that.

Regards,

Carmen Ducro

Carmen Ducro

979-583-2646



**CITY OF ANGLETON, TEXAS
SENIOR COMMISSION AGENDA
ITEM SUMMARY FORM**

MEETING DATE: 6/1/2020

ITEM # 5

PREPARED BY: Pat Aschenbeck

AGENDA ITEM: Report regarding ActionS activities at the Recreation Center.

AGENDA ITEM DESCRIPTION:

- | | | |
|---|---|---|
| <input type="checkbox"/> Presentation | <input type="checkbox"/> Consent item | <input checked="" type="checkbox"/> Discussion item |
| <input type="checkbox"/> Discussion and possible action | <input type="checkbox"/> Public hearing | <input type="checkbox"/> Executive session item |

BUDGETED AMOUNT:
N/A

FUNDS REQUESTED:
N/A

FUND:
N/A

EXECUTIVE SUMMARY: Discussion on ActionS taking donation from the community. The senior can then call ActionS and give them a list of items they need, and ActionS does their best to fill that order and will deliver a box to the seniors door step.

ATTACHMENTS (Attachment description):

RECOMMENDATION:



**CITY OF ANGLETON, TEXAS
SENIOR COMMISSION AGENDA
ITEM SUMMARY FORM**

MEETING DATE: 6/1/2020

ITEM # 6

PREPARED BY: Pat Aschenbeck

AGENDA ITEM: Report on the new format for the senior newsletter.

AGENDA ITEM DESCRIPTION:

- | | | |
|---|---|---|
| <input type="checkbox"/> Presentation | <input type="checkbox"/> Consent item | <input checked="" type="checkbox"/> Discussion item |
| <input type="checkbox"/> Discussion and possible action | <input type="checkbox"/> Public hearing | <input type="checkbox"/> Executive session item |

BUDGETED AMOUNT:
N/A

FUNDS REQUESTED:
N/A

FUND:
N/A

EXECUTIVE SUMMARY:

ATTACHMENTS (Attachment description): The new format of the senior newsletter.

RECOMMENDATION:

CITY OF ANGLETON PARKS & RECREATION

Silver Hearts Newsletter

JUNE 2020



The mission is to enrich the lives of Angleton's seniors by providing opportunities for socialization, entertainment, education, exercise and travel.

CONTENTS



CRAFT
CLASS



BINGO

2	12	42	68	71
10	24	31	40	52

16



Senior Commission Members

Sarah McDaniel
Roger Collins
Archie Milam
Judy Shaefer

Council Liaison Cecil Booth

Senior Program
Coordinator
Pat Aschenbeck

During this time of self-quarantine, I wanted to let you know that I'm thinking about you and hope you are doing well. This newsletter is a little different than you're use to, with most of our programs being done virtually. I hope that you can join us for some or all of them.

We are all in this together and until we can meet again in person, I hope you stay safe and healthy.

**Pat Aschenbeck
Recreation Specialist**

SENIORS VIRTUAL SCHEDULE

MONDAY

Move it Monday

Join us on Facebook Live on Monday's at 11:00 am with Mary Trevino for Chair Fitness.

TUESDAY

Cooking with Pat

Come learn how to make some easy microwave dishes with Pat on Tuesday's at 11:00 am on Facebook Live

WEDNESDAY

Bingo Wednesday

Join us on Wednesday's at 12:30 pm for bingo. We will play about 4 round and the first 4 winners will get a prize.

THURSDAY

Crafting with Pat

Learn a new craft project every week with Pat on Thursday's at 11:00 am on Facebook live

FRIDAY

Silver Hearts Site Seers

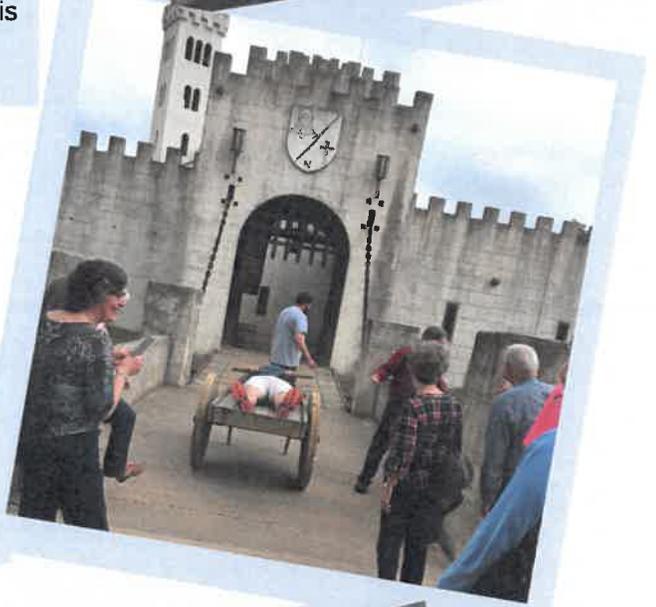
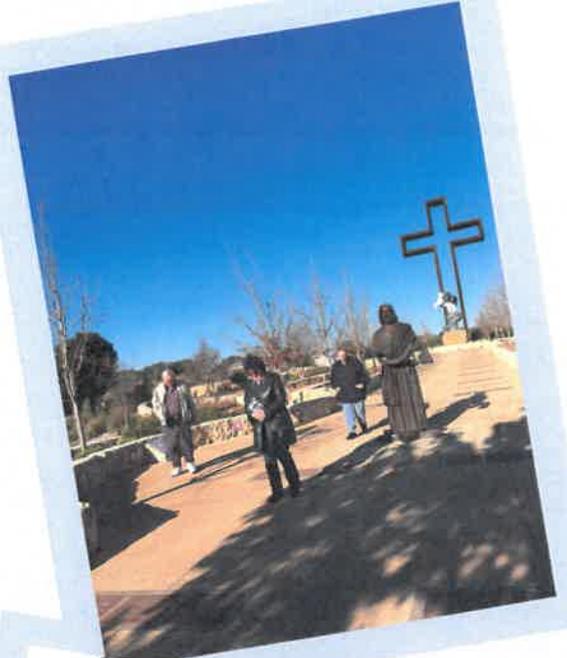
Every Friday on our Facebook page we will give you a new link for your virtual trip

Like the Angleton Parks & Recreation Facebook page to see all live classes



This is Lynda & JoBeth and the stature they are in front of is of their great, great, great great grandfather, Chief Bowles. The other man in the statue is Sam Houston.

The statue is call "The Treaty" and it depicts the treaty that was signed by Sam Houston and Chief Bowles granting the Cherokee the right to occupy land in east Texas. Also assuring the neutrality of the Cherokee in the unfolding of the Texas revolution. The statue is in Nacogdoches.



*30
miles
in 30
days*

Our ARC staff is taking on a 30 miles in 30 days challenge starting June 1st. The goal is to log 1 mile of activity whether it be walking, jogging, running, crawling, biking or even rollerblading. Break out of your normal routine or add a mile to what you already do and join us! We have some Parks & Recreation promo items that are up for grabs! We have ice/hot packs and masks for those who complete the challenge with us. In order to be eligible for a promo item you will need to track your mileage using an app such as Strava, Nike+, Garmin or an app of your choice.

On June 30th you'll need to provide your mileage through one of the apps to claim your promo item! Share your mile with us each day by posting in this event page. Help us to encourage our friends completing the challenge along with us! Grab your shoes and work out clothes and get ready to start with us Monday, June 1st!



ActionS is distributing food for the Seniors. If you have a need for groceries and can't get out to get them, ActionS will do their best to get the items you might need. Call ActionS at 979-849-6132 and give them a list of needed items and they will fill to the best of their ability and deliver to your house.

Silver Hearts Senior Wordsearch

K G F D O K O M I J Y L V D P N F D M U J V
 N F S N O I T C A W P L N W L D E E P U Y M
 H B R O O K W O O D M K A T I F F G Q Z Q M
 R I R S T R A E H R E V L I S O Y I B L D U
 M C S R E D I R T S T R A E H R E V L I S E
 A C W R Z Q J B H H P W F D B I A U Z A X S
 R E T T E L S W E N R O I N E S S Q O J R U
 M I K M A R G A R I T A V I L L E K Y M Z M
 O C V B H G E U D U S X S Z W Z K B K I X N
 O S G R G Q H S Q G C N R T U H M P H B U O
 D M Z Z A P I I I Z A T N U X X K G R U E S
 Y B O T A N I C A L G A R D E N V K X U J I
 G I C J C R A F T D A Y U N V U X B Y W T R
 A T O B X L U N C H B U N C H H L F U A Y P
 R J G C S N E D R A G E S O R K T Q A I G E
 D S N N H S A L P S W S A K H Z T G D M U V
 E Z I J M J M U C B S N A E L R O W E N K V
 N Q B E N R O C P O P D N A E I V O M T G S
 S K Z F E P S A N A N T O N I O K M C J E Q
 S Q U I L T M U S E U M L M Q F P V K N Y G
 O S O N I M O D H E A R T S M U S E U M Q F
 M L L X L B L R I V E R W A L K B G X H H Z

Actions
 bingo
 Botanical Garden
 Brookwood
 craft day
 Dominos
 HEARTs museum

Lunch Bunch
 Margaritaville
 Moody Gardens
 Movie and popcorn
 New Orleans
 prison museum
 quilt museum

Riverwalk
 Rose Garden
 San Antonio
 Senior newsletter
 Silver Hearts
 Silver Heart Striders
 splash



**CITY OF ANGLETON, TEXAS
SENIOR COMMISSION AGENDA
ITEM SUMMARY FORM**

MEETING DATE: 6/1/2020

ITEM # 7

PREPARED BY: Pat Aschenbeck

AGENDA ITEM: Report on the virtual classes and programs for seniors

AGENDA ITEM DESCRIPTION:

- | | | |
|---|---|---|
| <input type="checkbox"/> Presentation | <input type="checkbox"/> Consent item | <input checked="" type="checkbox"/> Discussion item |
| <input type="checkbox"/> Discussion and possible action | <input type="checkbox"/> Public hearing | <input type="checkbox"/> Executive session item |

BUDGETED AMOUNT:

N/A

FUNDS REQUESTED:

N/A

FUND:

N/A

EXECUTIVE SUMMARY: Staff will discuss the adding of the virtual classes and programs to help keep the senior engaged until there is in person programming available again.

ATTACHMENTS (Attachment description):

RECOMMENDATION:



**CITY OF ANGLETON, TEXAS
SENIOR COMMISSION AGENDA
ITEM SUMMARY FORM**

MEETING DATE: 6/1/2020

ITEM # 8

PREPARED BY: Pat Aschenbeck

AGENDA ITEM: Report on the new structure for the senior birthday party.

AGENDA ITEM DESCRIPTION:

- | | | |
|---|---|---|
| <input type="checkbox"/> Presentation | <input type="checkbox"/> Consent item | <input checked="" type="checkbox"/> Discussion item |
| <input type="checkbox"/> Discussion and possible action | <input type="checkbox"/> Public hearing | <input type="checkbox"/> Executive session item |

BUDGETED AMOUNT:

N/A

FUNDS REQUESTED:

N/A

FUND:

N/A

EXECUTIVE SUMMARY: Staff will discuss the changing of the senior birthday party from a live party to a drive through lunch and still getting a goodie bag and their name in for a drawing of door prizes.

ATTACHMENTS (Attachment description):

RECOMMENDATION: