



## NEWBORN BABY *Checklist*

### CLOTHING

- ☐ 8 Onesies, side-snap
- ☐ 8 Undershirts, side-snap  
*Short and/or long-sleeve, based on season*
- ☐ 8 One-piece pajamas  
*Weight based on season*
- ☐ 2 Sleepers
- ☐ 1–3 Sweaters or jackets;  
*Front-button*
- ☐ 1–3 Dress-up outfits
- ☐ 8 Pairs socks/booties
- ☐ 3 Hats, *based on season*
- ☐ No-scratch mittens

### FEEDING

- ☐ Burp cloths
- ☐ Nursing Pillow  
*Worn by parent to help support baby while feeding*
- ☐ 3 Baby bottles,  
*Appropriate for newborns (additional bottles recommended)*

### TRAVEL

- ☐ Diaper bag with pad
- ☐ Car seat and/or carrier
- ☐ Backseat mirror for car
- ☐ Stroller

### BABY'S ROOM *Accessories*

- ☐ 1–3 Waterproof mattress pads
- ☐ 2–4 Fitted crib sheets and crib blankets
- ☐ 1–2 Wearable blankets\*  
*(also called sleep sacks)*  
*\*loose blankets are not recommended*
- ☐ 10–12 cloth diapers *or*  
3 large boxes disposable diapers
- ☐ Diaper cream and baby powder
- ☐ Unscented baby wipes
- ☐ Soft wash cloths
- ☐ Baby bath towels
- ☐ Grooming kit

### BABY'S ROOM *Furniture*

- ☐ Crib
- ☐ Crib mattress, *snug fitting, firm and flat*
- ☐ Baby monitor
- ☐ Nightlight
- ☐ Hamper
- ☐ Changing table and pad
- ☐ Anti-rollover pillow *for around the home*

*This is a general list to help get you started. Always consult your health care provider about your baby's needs.*

