

WEEKLY TIME AND STUDY PLANNER

- Before you can establish study time, you need to know how you currently use and manage your time.
- Record all of your weekly activities, including time for driving, sleeping, eating, attending class, working, exercising, etc.
- Plan study time. Some general guidelines:
 - Spend 2 hrs studying for each hr in class. A 3-credit hour class will require an average of 6 hrs of study time each week
 - Devote some time each day to studying math. Do not cram all study hours for the week on one day
 - The best time to study is the hour immediately after class or as soon as possible after class

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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