

GROCERY SHOPPING LIST – SYRIAN

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| <input type="checkbox"/> Ground Lamb (Halal meat) | <input type="checkbox"/> Walnuts |
| <input type="checkbox"/> Chicken (Halal meat) | <input type="checkbox"/> Olives (Mediterranean style) |
| <input type="checkbox"/> Vermicelli pasta | <input type="checkbox"/> Tomatoes |
| <input type="checkbox"/> Tomato paste | <input type="checkbox"/> Carrots |
| <input type="checkbox"/> Tomato sauce | <input type="checkbox"/> Garlic |
| <input type="checkbox"/> Rice Basmati | <input type="checkbox"/> Bell peppers |
| <input type="checkbox"/> Pita bread | <input type="checkbox"/> Apples |
| <input type="checkbox"/> Milk (whole) | <input type="checkbox"/> Grapes |
| <input type="checkbox"/> Condensed yogurt (“Dana” brand) | <input type="checkbox"/> Bananas |
| <input type="checkbox"/> White cheese (“Dana” brand) | <input type="checkbox"/> Cookies/Biscuits |
| <input type="checkbox"/> Butter | <input type="checkbox"/> Cooking oil |
| <input type="checkbox"/> Juice | <input type="checkbox"/> Olive Oil |
| <input type="checkbox"/> Eggs | <input type="checkbox"/> Cracked wheat #3 (the thickest) |
| <input type="checkbox"/> Tea (large box) | <input type="checkbox"/> Foule or small fava beans |
| <input type="checkbox"/> Onions | <input type="checkbox"/> Dates |
| <input type="checkbox"/> Potatoes | <input type="checkbox"/> Flour |
| <input type="checkbox"/> Canned chickpeas | <input type="checkbox"/> Sugar |
| <input type="checkbox"/> Frozen peas and carrots | <input type="checkbox"/> Salt |
| <input type="checkbox"/> Dried red lentils | <input type="checkbox"/> Ground black pepper |
| <input type="checkbox"/> Dried white beans (Navy Beans) | <input type="checkbox"/> Paprika |
| <input type="checkbox"/> Pine nuts | <input type="checkbox"/> Curry powder |