



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# HEALTHY LIVING

## GYMNASIUM SCHEDULE (WINTER)

As of January 1, 2022



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:30-8:00 AM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym			
8:00 AM	Open Gym 8:00-1:00	Open Gym 8:00-9:00	Open Gym 8:00-9:00	Open Gym 8:00-9:00	Open Gym 8:00-9:00	Youth Futsal 8:00-10:00		
9:00 AM		AOA Fitness	AOA Fitness	AOA Fitness	AOA Fitness			
10:00 AM		Open Gym 10:00-1:00	Open Gym 10:00-1:00	Open Gym 10:00-1:00	Open Gym 10:00-1:00	Open Gym 10:00-1:00	Open Gym 10:00-2:00	
11:00 AM								
Noon								
1:00 PM								Charter School 1:00-2:00
2:00 PM	Open Gym 2:00-4:00	Open Gym 2:00-4:00	Open Gym 2:00-4:00	Open Gym 2:00-4:00	Open Gym 2:00-4:00			
3:00 PM								
4:00 PM	SACC 4:00-4:45	SACC 4:00-4:45	SACC 4:00-4:45	SACC 4:00-4:45	SACC 4:00-4:45			
5:00 PM	Youth Basketball 5:00-7:30	Youth Basketball 5:00-7:30	Open Gym 5:00-6:00	Youth Basketball 5:00-7:30	Youth Basketball 5:00-7:30			
6:00 PM			Youth Floor Hockey 6:00-7:00					
7:00-8:30 PM	Open Gym 7:30-8:30	Open Gym 7:30-8:30	Open Gym 7:00-8:30	Open Gym 7:30-8:30	Open Gym 7:30-8:30			
9:00 PM							As of 12/31/2021	

**GREATER VALLEY YMCA-Nazareth Branch**  
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