

# Activities and Participation Goal List

Please mark problem areas with an 'X.'

LEARNING AND APPLYING KNOWLEDGE (referral)	
GENERAL TASKS AND DEMANDS	
Undertaking a single task	
Undertaking multiple tasks	
COMMUNICATION (referral)	
MOBILITY	
Lifting and carrying objects	
Fine hand use (picking up, grasping)	
Walking	
Moving around using equipment (wheelchair, skates, etc.)	
Using transportation (car, bus, train, plane, etc.)	
Driving (riding a bicycle, driving car, etc.)	
SELF CARE	
Washing oneself (bathing, drying, washing hands, etc.)	
Caring for body parts (brushing teeth, shaving, combing/ styling hair, etc.)	
Toileting	
Dressing (shirt, socks, pants, shoes, undergarments, etc.)	
Eating	
Drinking	
Looking after one's health	
DOMESTIC LIFE	
Acquisition of goods and services (shopping, etc.)	
Preparation of meals (getting a snack, opening packages, cooking, cutting food)	
Doing housework (bringing plate to sink, pet care, picking up toys, etc.)	
Assisting others (caring for siblings, babysitting, etc.)	
INTERPERSONAL INTERACTIONS AND RELATIONSHIPS	
Basic interpersonal interactions	
Complex interpersonal interactions	
Relating with strangers	
Formal relationships	
Informal social relationships	
Family relationships	
Intimate relationships	
MAJOR LIFE AREAS	
Informal education	
School education (carrying backpack, using scissors, writing, cafeteria, etc.)	
Higher education	
Remunerative employment	
Basic economic transactions	
Economic self-sufficiency	
COMMUNITY, SOCIAL AND CIVIC LIFE	
Community life (scouts, etc.)	
Recreation and leisure (sports, etc.)	
Religion and spirituality	
Human rights	
Political life and citizenship	