

## MY MONEY FLOW TRACKER

	Monthly	Annually
<b>INCOME</b>		
Salary		
Salary		
Bonus		
Self Employment		
Social Security Benefits		
Pension Benefits		
Other		
<b>GROSS INCOME</b>		
<b>TAXES</b>		
Federal		
State		
Self Employment		
Social Security		
Medicare		
<b>TOTAL TAXES</b>		
<b>NET AFTER-TAX INCOME</b>		
<b>SAVINGS</b>		
401(k) / 403(b)		
IRA/SEP IRA		
Education Savings / 529 plans		
Roth IRA		
Other		
<b>TOTAL SAVINGS</b>		
<b>*NET AFTER-SAVINGS INCOME</b>		
<b>LIVING EXPENSES</b>		
<b>HEALTH:</b>		
Disability Insurance		
Dental		
Doctor / Chiropractor		
Long-Term Health Care Insurance		
Medical Insurance/Dental Insurance		
Medicines / Vitamins		
Pre-Tax Medical		
Therapist / Counseling		
Vision		
Other		
<b>TOTAL HEALTH EXPENSES</b>		

**AUTO/TRANSPORTATION:**

Gasoline

Insurance

License / Fees

Save for New Car

Park / Wash

Repair / Tune / Tires

Train / Bus / Taxi

Other

**TOTAL AUTO/TRANS EXPENSE****HOUSING:**

Cable TV

Internet

Household Help

Gas / Water / Electric/ Garbage

Maintenance/Improvements

Home Insurance

Mortgage

Real Estate Taxes

Phone - Land Line

Phone- Cell

Gardening / Yard / Pool/Snow Removal

Other

**TOTAL HOUSING EXPENSES****FOOD:**

Restaurants

Groceries

Carry Out

Lunches

**TOTAL FOOD EXPENSES****CHILDREN:**

Allowance

Clothes

Camps

Sitters

Sports / Extracurricular

Gifts

Tuition / Education

Other

**TOTAL CHILDREN EXPENSES**

**PERSONAL:**

Fees & Interest: ATM / Bank / Credit Card  
Beauty / Hair / Nails  
Gifts  
Charitable Contributions  
Clothing  
Dry Cleaning  
Elderly Support  
Financial Advisor  
Life Insurance  
Liquor and Tobacco  
Safety Deposit Box  
Tax Preparation  
Miscellaneous Cash Expenses  
Other

**TOTAL PERSONAL EXPENSES****ENTERTAINMENT:**

Classes / Education  
Health Club  
Hobbies & Recreation  
Movies / Music / Downloads  
News / Magazines  
Sports / Events  
Theater  
Travel  
Other  
Other  
Other  
Other

**TOTAL ENTERTAINMENT****\*\*TOTAL LIVING EXPENSES****\*NET AFTER-SAVINGS INCOME****\*\*TOTAL LIVING EXPENSES****SURPLUS / SHORTAGE**

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