

MW 2013

Goal Planner

Goal
Three ways I will know I have reached this goal 1. 2. 3.
Two friends that will join me in this goal 1. 2.

I will set this habit in motion everyday by doing the following daily step

Write something in for everyday, small steps in the right direction

	M	T	W	R	F	S
S	M	T	W	R	F	S
S	M	T	W	R	F	S
S	M	T	W	R	F	S

My daily reward for doing my daily step
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