NYU Dining Services

Flex Meal Tracker

Meal Plans	Meals Per Semester	Avg Meals Per Week
All Access*	416	26
300 Flex	300	19
225 Flex	225	14
175 Flex	175	11
113 Flex	113	7
80 Flex	80	5

Track your meal usage throughout the semester to ensure that you have the meals you need for the last day. Use these charts to see how you compare to the typical weekly budget.

*The All Access Plan is unlimited, NYU Dining uses 416 meals per semester for an estimate of usage.

Meal Plans	Aug 31st -Sept 6th	Sept 7th-13th	Sept 14th-20th	Sept 21st-27th	Sept 28th -Oct 4th	Oct 5th -11th	Oct 12th -18th	Oct 19th -25th
All Access*	416	390	364	338	312	286	260	234
300 Flex	300	281	262	243	224	205	186	167
225 Flex	225	211	197	183	169	155	141	127
175 Flex	175	164	153	142	131	120	109	98
113 Flex	113	106	99	92	85	78	71	64
80 Flex	80	75	70	65	60	55	50	45

Meal Plans	Oct 26th- Nov 1st	Nov 2nd- 8th	Nov 9th -15th	Nov 16th -22nd	Nov 23rd -29th	Nov 30th -Dec 6th	Dec 7th- 13th	Dec 8th -19th
All Access*	208	182	156	130	104	78	52	26
300 Flex	148	129	110	91	72	53	34	15
225 Flex	113	99	85	71	57	43	29	15
175 Flex	87	76	65	54	43	32	21	10
113 Flex	57	50	43	36	29	22	15	8
80 Flex	40	35	30	25	20	15	10	5

Track your meal plan and Dining Dollars balance via the Campus Cash and Meal Plan Management Site.

For questions, comments or ideas please contact dining.services@nyu.edu.