

# Community Independence Progress Notes

**Client Name:** Donna D  
**CSS Name:** Katie Cat  
**CSS Supervisor:** Mary Lamb  
**Date:** 1/31/20

**Session Time (Hours):** 10:00am - 2:00pm/ 4 hours  
**Indirect Time (Hours):** 0.6  
**Travel (Hours):** 1.0  
**Mileage:** 67  
**Total Expenses:** \$4.75

**Activity Type:** ☒ **Face-to-Face Meeting with the Warrior**

☐ Team Meeting ☐ Training ☒ Documentation ☐ Supervision ☐ Miscellaneous

☐ Cancellation within 24 hours Reason:

**Summary of Activity:** M.D. appointment, McDonalds, Container Store, documentation time

## Client Goals

**Goal 1:** Client will utilize a compensatory strategy to assist with recall for communication exchanges and "to do" items with CSS support 2x weekly to improve memory and independence 75% of the time through 2/28/19.

**Goal Addressed:** ☒ **Goal Not Addressed:** ☐

Client took notes on phone at M.D. appointment with CSS prompting. Asked M.D. clarification questions independently. Client was prompted to use notes when explaining visit to CG.

**Goal 2:** Client will perform new activities to develop leisure interests with CSS support 2x monthly to improve independent engagement in activities that stimulate her mind and body 100% of the time through 2/28/19.

**Goal Addressed:** ☐ **Goal Not Addressed:** ☒

**Goal 3:** Client will ambulate short distances with her walk in the community with CSS support 2x weekly to improve endurance and ability to navigate different terrain 75% of the time through 2/28/19.

**Goal Addressed:** ☒ **Goal Not Addressed:** ☐

Walked in/out of MD appointment and into McDonald's. Client required prompting for safety & awareness with curbs. Client was fatigued every short distance walk.

**Goal 4:** Client will clean the half bath utilizing compensatory strategies with CSS support 1x weekly to increase contribution to family household and independence 100% of the time through 2/2/8/19.

**Goal Addressed:** ☒ **Goal Not Addressed:** ☐

No cleaning of bathroom but visited the Container Store to look at bins to assist with organization. Client prompted to look at phone pics of bathroom to assist with problem solving. Client waiting to purchase until she speaks with husband re budget. Client prompted to take pics of items and write cost down in phone.

**Goal 5:**

**Goal Addressed:** ☐ **Goal Not Addressed:** ☐

<b>Client Goals &amp; Additional Client Information</b>
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**Goal 6:**

Goal Addressed: ☐

Goal Not Addressed: ☐

**Goal 7:**

Goal Addressed: ☐

Goal Not Addressed: ☐

**Additional Information:**

Client was not ready for CSS appointment making us almost late for M.D. appt. Required prompting to get her jacket and phone. CG shared that client did not sleep well last night due to concerns with her father's health. He was in the hospital last week.

**Plan:**

Client will discuss container options w/ husband and hopes to make purchase next session. If this does not occur, client and CSS will tour the new YMCA.

**Certification:** This is to certify that I provided the services recorded or that I completed all the work required according to expectations

**Service Provider Signature:**

**Date:**