Copy and Paste this email template to send to friends, family and coworkers and ask for their support. You can use it as-is, or add your story!

Me again! I just wanted to remind you about the $72 in 72 Challenge that I'm participating in for the Relay For Life of Capac!

If you haven't had a chance to check out my personal fundraising page yet, please take a few moments to visit. As a reminder, the challenge I'm trying to complete is to raise at least $72 within the 72 hours that began at Noon on Friday, April 12th and will end at Noon on Monday, April 15th. Your donation will be helping me fight back against this awful disease that takes too much from too many of us.

Please consider making a donation of whatever size makes the most sense for you- there's also an opportunity to make your online donation in honor of or in memory of a loved one if you would like.

Even if you're not able to make a donation during the 72 hours of the challenge, a donation at any time will be much appreciated and will help us work toward our ultimate goal of defeating cancer.

Don't forget: if 20 of us complete the challenge will be able raise $1,440 in just 72 hours – what an amazing way to come together to fight back!

To learn more about next weekend's Relay For Life of Capac please visit www.RelayForLife.org/capacmi to learn more about all of the great activities we have planned! To check out my personal fundraising page, just click the link at the bottom of this message. Any amount that you're able to donate will be much appreciated and truly make a difference in the fight against cancer.

Thank you again for your support and I look forward to keeping you updated on my progress!

**A link to your personal fundraising page will automatically appear at the bottom of the message when you send e-mails from your Relay For Life Relay Center- no need to add a link yourself