

Personal Mission Statement

Everyone has his own specific vocation or mission in life; everyone must carry out a concrete assignment that demands fulfillment. Therein he cannot be replaced, nor can his life be repeated, thus, everyone's task is unique as his specific opportunity to implement it.

Viktor Frankl, *Man's Search for Meaning*, pp. 109

Viktor Frankl (1905–1997) was the founder of Logotherapy, a form of psychological analysis. From Vienna, Frankl survived Auschwitz. His most famous and influential work is *Man's Search for Meaning*.

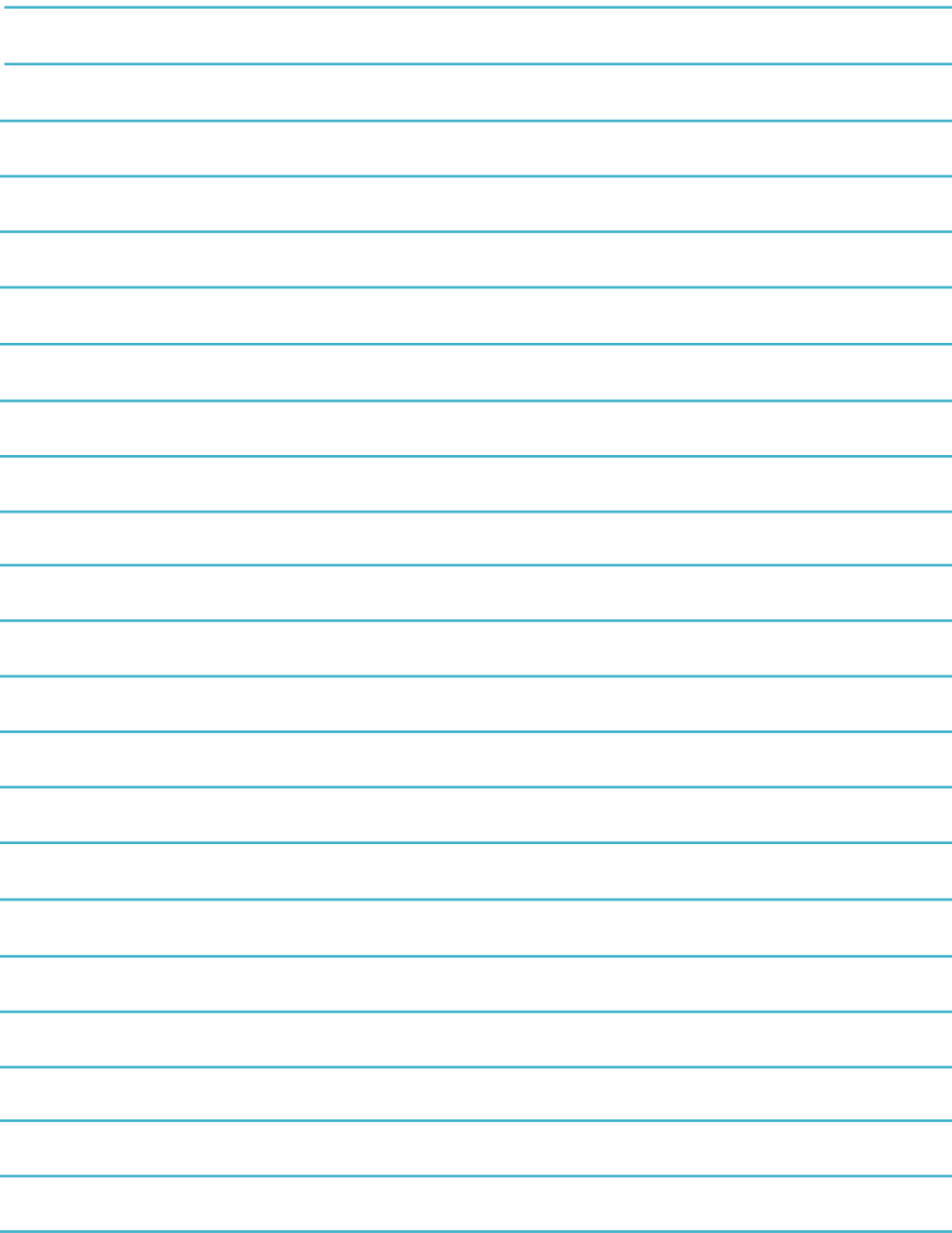
Do you know what you want to do professionally? Do you know what you want to accomplish in this world? Many people tootle their way through life, disconnected from any goals and unclear about any purpose. Project TEN participants, however, are taxed with crafting their own **Personal Mission Statement**. This statement should articulate your highest aspirations and hopes and goals for this program – briefly and clearly. Consider also what kind of activist you want to become, beyond Project TEN.

Points to ponder:

- What is the essence of what you hope to accomplish on Project TEN?
 - What are your goals for “personal growth”?
 - What do you hope to achieve?
 - What underlying values drive these goals?
- What is the essence of what you hope to accomplish in your life?

(Consider following this exercise with an additional exercise, asking participants to write up their personal goals for Project TEN)

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(This exercise was adapted from an exercise in City Year's "The Idealist's Journey")