GOAL TRACKER

BIG GOALS START WITH SMALL ACTIONS

Ready to keep track?

- Choose two goals you want to achieve throughout the month
- Break each goal down into two activities.

"Start my own business" is not breaking down your activities. Think like an entrepreneur: "Study 3 possible competitors", "Develop the value proposition", "Define the brand's identity", etc.

- Mark your daily boxes based on whether you acted on your activity or not.
- Add a new goal for the next two weeks, along with its two activities.
- Once the month is up, go to the second page to evaluate your outcomes.

Small goal:

Week 1

Action:

S	M	T	W	T	F	S

Week 2

Action:

S	M	T	W	T	F	S

Small goal:

Week 3

Action:

S	M	T	W	T	F	S

Week 4

Action:

S	M	T	W	T	F	S

It's easier for you to get to where you want if you start small.

How did you feel during this challenge? Which changes did you notice?

What do you know now that you didn't at the beginning of this challenge?

Which skills did you develop or realized you already had?

Did you achieve the goals you established?

Maybe you didn't reach a major milestone, but you now have new habits, skills, or knowledge that will get you closer to your greater goal. Keep repeating this challenge month after month to achieve new goals and stay motivated.