

COVID-19

Understanding COVID-19 Quarantine Periods

The below calendars outline how long people should quarantine after coming into contact with COVID-19 under certain scenarios.



Scenario 1: When there is close contact with someone who has COVID-19 and no further close contact with that person.

14 day

M	T	W	Th	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		



Last contact with case



Quarantine at home



Monitor for symptoms



End quarantine at home

10 day

M	T	W	Th	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

7 day

M	T	W	Th	F	S	S
		1	2	3	4	5
6*	7*	8*	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

* Negative lab test qualifies to end quarantine at home



Scenario 2: When living with someone who has COVID-19 and cannot avoid continued close contact.

14 day

M	T	W	Th	F	S	S
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		



Case's isolation period



Last day of case's isolation period, contact must continue quarantine at home



Quarantine at home



Monitor for symptoms



End quarantine at home

10 day

M	T	W	Th	F	S	S
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

7 day

M	T	W	Th	F	S	S
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14*	15*	16*	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

* Negative lab test qualifies to end quarantine at home