

# New Baby Essentials Checklist

## Baby Essentials for

### Nursery Room

- Crib, a Co-sleeper or Bassinet
- A Firm, Snug-fitting Crib Mattress  
(For baby's safety and according to the AAP, less than two fingers should fit between mattress and crib)
- Changing Table or Dresser with Changing Table Topper
- Rocking Chair or Glider
- Bookcase and/or Shelving
- Nightlight(s)
- Blackout Shades
- Toy Basket
- Hamper
- Mobile



## Baby Essentials for

### Diapering

- Changing Pad
- Changing Pad Cover
- Diaper Pail
- Diaper Bag
- Wipes (Unscented baby wipes causes less irritation)
- 2-3 Large Boxes Newborn Disposable Diapers
- Diaper Caddy or Tray
- Diaper Cream



If you're Cloth Diapering,  
exclude the disposable diapers  
and wipes, and add:

## Baby Essentials for

### Bedding & Sleeping

- 1-3 Washable Crib Mattress Pads
- 2-4 Fitted Crib Sheets
- 1-3 Crib Mattress Pads or a Crib Mattress Protector
- Mattress Protector  
(for your bed, if you're co-sleeping)
- Swaddling and Receiving Blankets
- White Noise Machine

- Soft Washcloths or Cloth Diaper Wipes
- 10 Diaper Covers + 24 Prefold Diapers;  
**OR**  
10 Pocket Diapers or All-in-one Diapers
- Diaper Pail Liners
- Diaper Sprayer
- Cloth Diaper Detergent



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## Baby Essentials for

### Clothing



- No-scratch Mittens
- 1-2 Newborn caps  
(worn indoors if baby is born during cold seasons)
- 4-8 Onesies  
(long sleeved if baby will be born during cold seasons, short sleeved if born during warm seasons)
- 1-2 Sleepsacks
- 4-7 (stay-on) Baby Socks or Booties  
(shoes are unnecessary until baby walks)
- 3-5 Pants
- 1-3 Jackets (front buttoned, not pull-over)
- 1-3 Dress-up Outfits
- 1-3 Broad-brimmed Hats  
(for a summer baby)
- 1-3 Soft Hats that Cover Ears  
(for a winter baby)

## Baby Essentials for

### Bath



- Infant Bath Tub
- Soft Baby Washcloths  
(If you're cloth diapering, get a different color or pattern for baby's bath time)
- Baby Shampoo and Body Wash
- Baby Nail Clippers
- 1-3 Soft Towels or Hooded Baby Towels
- Baby Hairbrush



## Baby Essentials for

### Gear & Transportation

- Infant or Convertible Car Seat
- Second Car Seat Base  
(for an additional car)
- Stroller
- Baby Carrier
- Travel Highchair
- Bunting Bag or Fleece Suit for a Winter Baby
- Baby Carrier Cover for a Winter Baby
- Baby Swing or Bouncer
- Portable Playpen with Bassinet
- Playpen Sheet
- Stroller Blanket
- Play Mat  
(for Tummy Time)
- Board Books



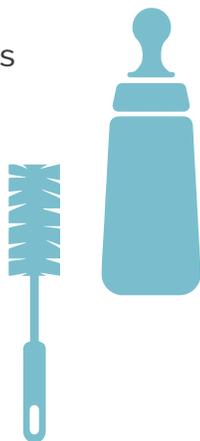
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## Baby Essentials for

## Feeding

- 8-10 4-ounce Baby Bottles and Nipples  
(If fed strictly by bottle, baby will go through about 10 x 4-ounce bottles per day)
- 8-10 8-ounce Baby Bottles and Nipples
- Bottle Drying Rack
- Bottle Warmer
- Bottle Sterilizer
- Bottle Cleaner/ brush
- Dishwasher Basket
- Nursing Pillow
- Nursing Pillow Cover
- Formula (if you're not nursing)  
(Just to be safe, wait for the pediatrician to tell you which brand to get - your baby may be sensitive to certain formulas.)
- 4-8 Burp Cloths
- 2-4 Pacifiers
- Pacifier Clip



If you're breastfeeding and giving baby breastmilk in a bottle, you'll need everything above, plus:

- Breast pump
- Hands-free Pumping Bra
- Nursing Pads  
(You can get disposable or cloth nursing pads)
- Nursing Cream
- Nursing Cover
- Nursing Bras
- Nursing Tanks
- Electric or Manual Pump
- Breast Milk Storage bags



Once baby starts solids around 4 months, you will also need:

- 4-8 Bibs
- Highchair
- Food Processor  
(to prepare home-made baby food)
- Baby Food Storage Containers
- Toddler Utensils
- Sippy Cups

