

Actionable Data on Relationships, Equity, & Social Emotional Learning

ABOUT

- Customizable length with most versions completable in 15 minutes
 - Demographics - 3 minutes
 - Developmental Relationships - 7 minutes
 - Social & Emotional Competencies - 2+ minutes
 - Equitable Practices - 3+ minutes
- For youth in grades 4-12+
- Audio narration available
- Includes a narrative report and interactive data dashboards
- Additional modules to help meet your measurement interests

COMING SOON

- Spanish version
- Staff version
- New additional modules

ADDITIONAL RESOURCES

- Professional development workshops to inform practice
- Data planning workshop
- Publications

RECOMMENDED USERS

- Youth programs
- Schools
- Communities
- Other youth-serving organizations

For more information, contact surveys@search-institute.org

The Developmental Relationships Survey gives schools and youth-serving organizations a research-based, valid and reliable assessment of developmental relationships, social and emotional competencies, and equitable practices. The resulting data are highly actionable and useful for organizations that strive to help young people thrive in school and in life.



MEASURES

- **Core Measure #1: Developmental Relationships.** Search Institute defines developmental relationships as relationships that help young people discover who they are, develop abilities to share their own lives, and learn how to engage with and contribute to the world around them. See page 2 for more information.
- **Core Measure #2: Social and Emotional Competencies*.** CASEL defines SEL as the process through which children understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions. See page 3 for more information.
- **Core Measure #3: Equitable Practices.** Important contextual information about how your young people experience the environment at your organization, staff practices, and whether or not those experiences are equitable. See page 4 for more information.
- **Additional Optional Modules.** Further customize your survey. See page 6 for all available options.



USING THE DATA

- Discover the developmental relationships, social and emotional competencies, and equitable experiences that your organization provides to young people.
- Bring in youth voice and learn from the perspectives of young people themselves.
- Inform your actions and guide you in proactive and focused planning to increase positive outcomes.



COST

- \$250 for up to 100 respondents. Includes core measures and reports.
- Additional surveys cost
 - \$2 for up to 500 youth
 - \$1.50 per survey exceeding 500.
- Individual site reports cost \$150
- 2 additional modules can be added for \$100

*©CASEL 2017. The five social and emotional learning (SEL) competencies were developed and defined by the Collaborative for Academic, Social, and Emotional Learning (CASEL). For more information, visit <https://casel.org/core-competencies/>



SUMMARY

This section of the survey measures how your young people experience relationships with your staff at your organization and whether or not these relationships are developmental. These relational targets are determined and customized by you to ensure the language in the survey aligns with your organization (e.g. teachers, program staff, mentors). This module provides overall developmental relationships scores and scores for all elements within the Developmental Relationships Framework.

Search Institute’s research has shown that relationships, when developmental, serve a critical role in strengthening social and emotional competencies and help young people thrive. Just as a system of roots supports and nourishes trees as they develop and grow, nurturing relationships with adults provide a foundation for young people’s development by offering them guidance, encouragement, and new opportunities. Cultivating strong roots nourishes young people and supports their development and growth.



For more information on the Developmental Relationships Framework and supporting research, please visit searchinstitute.org.

Developmental Relationships Framework: The Five Elements	Items	Time Estimate
Express Care: Show young people that they matter to you.	20 items in total	7 minutes
Challenge Growth: Push young people to keep getting better.		
Provide Support: Help young people complete tasks and achieve goals.		
Share Power: Treat young people with respect and give them a say.		
Expand Possibilities: Connect young people with people, places, and ideas that broaden their world.		



SUMMARY

Self-Awareness: *Recognizing emotions, strengths, confidence, perception and self-efficacy*

Self-Management: *Regulating stress, managing stress, motivating oneself*

Responsible Decision-Making: *Making smart choices by evaluating consequences and the impact of others*

Relationship Skills: *Maintaining strong relationships*

Social Awareness: *Empathizing with others, appreciate diversity, and respect*



OPTIONS & TIMING (Select your option)

Option 1: Social and Emotional Competencies: Short-Form		Items	Time Estimate
This option provides a single overall score for Social and Emotional Competencies. It does not provide competency-specific scores such as social awareness, etc. The short-form is best used in scenarios when survey administration time is limited.		5	2 minutes
Option 2: Social and Emotional Competencies: Long-Form		Items	Time Estimate
This option provides an overall score for Social and Emotional Competencies along with scores for each individual competency listed in the columns to the right. Search Institute recommends this option as it provides the most complete picture of your young people's social and emotional outcomes.	Relationship Skills	4	2 minutes
	Social Awareness	3	1 minute
	Responsible Decision-Making	4	2 minutes
	Self-Management	4	2 minutes
	Self-Awareness	4	2 minutes
Option 3: Social and Emotional Competencies: Mix & Match		Items	Time Estimate
Include any of the competencies and/or short-form measure from above to best fit your needs. This option is most appropriate when you only need measures of a few of the social and emotional competencies rather than all of them.		Varies	Varies

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SUMMARY

This section provides you with important contextual information about how your young people experience the environment at your organization, and whether or not those experiences are equitable. Measures include an assessment of your organization’s commitment to diversity, equity, and inclusion; whether or not young people experience bias or discrimination when present; and how developmental relationships can play a role in promoting equity both inside and outside of the work that you do.



OPTIONS & TIMING (Select your option)

Option 1: Organizational Commitment to Diversity, Equity, and Inclusion		Items	Time Est.
This option provides the young people's perspectives on your organization’s commitment to DEI. If you can only choose one, Search Institute recommends this option.		7	3 minutes
Option 2: Developmental Relationships in Promoting Equity: Short-Form		Items	Time Est.
This option provides a single overall score for developmental relationship’s role in promoting equity. It does not provide category-specific scores such as ‘build social capital,’ etc. The short-form is best used in scenarios when survey administration time is limited. - Recommended for high school only		6	2 minutes
Option 3: Developmental Relationships in Promoting Equity: Long-Form		Items	Time Est.
This option provides an overall score for developmental relationship’s role in promoting equity along with scores for each individual category listed in the columns to the right. - Recommended for high school only	Create a Safe and Just Place	5	2 minutes
	Teach about Equity	3	1 minute
	Challenge Critical Reflection on Bias and Racism	4	2 minutes
	Build Social Capital	5	2 minutes
Option 4: Experiences of Bias or Discrimination		Items	Time Est.
This option explores your young people’s experiences of bias or discrimination at your organization, including by whom (peers or staff), for what reasons, and how it occurs.		Varies	Varies
Option 5: Mix & Match		Items	Time Est.
Include any categories and/or short-form measure from above to best fit your needs. This option is most appropriate when you want a more well-rounded picture of how it feels to be present at your organization, and whether or not those experiences are equitable.		Varies	Varies

Measures	Elements	Example Item
Core Measure I Developmental Relationships	• Express Care	If I have a problem, I know my [XXX] will help me.
	• Challenge Growth	My [XXX] expect me to do my best.
	• Provide Support	My [XXX] teach me how to ask for help when I need it.
	• Share Power	My [XXX] give me chances to be a leader.
	• Expand Possibilities	My [XXX] help me discover new things that interest me.
Core Measure II Social & Emotional Competencies*	• Relationship Skills	I am good at making friends.
	• Social Awareness	I am a good listener when other people need me.
	• Responsible Decision Making	I tell the truth, even when it is hard.
	• Self-Management	I finish things on time.
	• Self-Awareness	I know who I am and what I believe in.
Core Measure III Equitable Practices	• Organizational Commitment to DEI	All people are treated fairly, no matter who they are.
	• Experience of Bias or Discrimination	When you're at [XXX], are you looked down on or treated badly for any of the following reasons? (e.g. My race or ethnicity)
	• Create a Safe and Just Place	My [XXX] acknowledge and respect who I am and my background.
	• Teach about Equity	My [XXX] teach me what to say or do if I am treated unfairly or if I see others being treated unfairly.
	• Challenge Critical Reflection on Racism and Bias	My [XXX] challenge me to consider my biases and how they influence the way I think about and interact with people who are different from me.
	• Build Social Capital	My [XXX] help me: Access resources that will help me prepare for college

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SUMMARY

The measures listed in this section are optional and are available to you as a means to customize the survey to best align with your work and meet your measurement needs. These modules draw from Search Institute’s research studies and provide additional flexibility for you to make this survey your own. We recommend that you strike a balance between measuring what is important to you without overburdening your young people with a lengthy survey. Ensure that whatever modules you choose fit within the time you have allotted for survey administration. Up to two additional modules can be purchased for \$100.



OPTIONS & TIMING

Current Event Modules - Included in cost of survey!	Items	Time Est.
COVID-19 (Stress; Coping; Connection; Relationship Quality) - Recommended for high school only	20	7 minutes
Racial Injustice (Racial Injustice Efficacy Beliefs) - Recommended for high school only	5	2 minutes
Additional Modules - Up to two additional modules for \$100	Items	Time Est.
Diversity, Equity, and Inclusion Assets (Cultural Humility; Awareness of Social Inequality; Equity Focused Social-Emotional Competencies)	14	5 minutes
Civic Engagement (Civic Efficacy; Social Responsibility; Civic Skills; Volunteering,, Political Engagement; Critical Information Analysis)	21	7 minutes
Academic (Grades; Motivation; Self-Efficacy; Growth Mindset; Locus of Control; Goal Orientation)	19	7 minutes
Drug Free Communities - 4 Core Measures (Perceptions of ATOD Approval and Risk)	20	7 minutes
Character Strengths (Leadership; Teamwork; Future-Mindedness; Perseverance; Respect; Personal Responsibility)	17	6 minutes
School Climate (Instructional Practices & Order; Student Voice & Captivate; Safety; Belonging; Fairness)	21	7 minutes
Coming soon!	Items	Time Est.
Sparks (Spark Development; Spark Sharing; Presence of Sparks; Connecting Sparks to Learning)	11	4 minutes
Internal Developmental Assets (Commitment to Learning; Positive Values; Social Competencies; Positive Identity)	32	10 minutes
Program Quality (Program Quality; Dosage; Tenure)	14	5 minutes
Relational Authenticity, Responsiveness, and Affect	18	6 minutes
Mentoring Quality (Mentoring Program Quality; Dosage; Tenure)	14	5 minutes



WORKSHOPS

Numerous research studies have shown that while many factors influence the way young people perform and progress in school and in other areas of their lives, one factor is more important than anything else: *Relationships*.

Search Institute's studies are showing that young people who experience more developmental relationships do better in a wide range of areas including: academic motivation, social and emotional skills, avoiding high risk behaviors, taking responsibility for actions and more.

Search Institute's Developmental Relationship workshops provide practical yet powerful ways for adults to make the relationships they have with young people, more developmental. The workshops, designed through Search Institute's research partnerships, will help adults adopt intentional and inclusive approaches to building relationships with young people based on the Developmental Relationship Framework.

There are two ways to teach your staff to build Developmental Relationships:

- 1) Upcoming Professional Development Workshops - Search Institute offers several workshops for individuals or groups to attend virtually.

[Click here to view workshop schedule and cost](#)

- 2) Inquire about an on-site or virtual workshop for your school or youth-serving organization - training@search-institute.org.