

Pros & Cons List: Decision Making Model



1. Clearly articulate the decision that you are trying to make in your own words
2. Write down the outcomes of the decision that you believe are positive (**Pros**)
3. Write down the outcomes of the decision that are negative or less desirable (**Cons**)
4. In the course of writing down your pros and cons, you will probably notice that there are some outcomes that are uncertain or are too hard to predict. Write these outcomes down at the bottom of this page (**Considerations & Unknowns**)

My Decision: _____

PROS

CONS

Considerations & Unknowns: _____

Next Steps:

- ✓ Conduct research about the outcomes and considerations that you are unsure about, and then add those to the Pro or Con column as appropriate.
- ✓ For the outcomes that are simply too hard to predict, consider talking with other people to get their input or opinions. If possible, evaluate if the outcome is a Pro or Con and add that to your table.
- ✓ As you begin to complete the table, it may become clearer if the decision you are considering is advisable or not.
- ✓ Consider making an appointment to [See a Counselor](#) at any point for guidance and assistance.