

Client Information Form

Client Name: _____ Date: _____

What is the concern that brought you to EAP? _____

Is this issue causing difficulty at work? Yes No
Please circle to what degree:
All the Time Often Sometimes Rarely Never

Is this issue causing problems in your personal life? Yes No
Please circle to what degree:
All the Time Often Sometimes Rarely Never

Check any of the problems or symptoms you have had recently.

- | | | | |
|--------------------------------------|--|--|---------------------------------------|
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Changes or problems in eating | <input type="checkbox"/> Headaches | <input type="checkbox"/> Tearfulness |
| <input type="checkbox"/> Nervousness | <input type="checkbox"/> Changes or problems in sleeping | <input type="checkbox"/> Fatigue/Tiredness | <input type="checkbox"/> Chronic pain |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Sexual difficulties | <input type="checkbox"/> Irritability | <input type="checkbox"/> Other |
| <input type="checkbox"/> Fears | <input type="checkbox"/> Difficulty concentrating | <input type="checkbox"/> Loss of interests in usual activities | |

ABOUT YOU

- Have there been any recent illnesses or deaths among your family or close friends? Yes No
- Have there been any recent crises or major changes in your life? Yes No
- Have you ever experienced any emotional, physical, or sexual abuse? Yes No
- Have you ever intentionally hurt yourself or made a suicide attempt? Yes No
- Have you ever taken medication for anxiety, depression, sleep, or other emotional conditions? Yes No
- Is there a history of mental illness in your family? Yes No
- Are you in a situation where you experience domestic violence? Yes No
- Have you been in counseling or psychotherapy before? Yes No
- Have you had any hospitalization(s) for emotional problems? Yes No

ABOUT YOUR FAMILY

Family member (spouse/partner/children) and those living in your household:

1. First Name/Relationship: _____ Age _____ Home/Away (circle one)
2. First Name/Relationship: _____ Age _____ Home/Away (circle one)
3. First Name/Relationship: _____ Age _____ Home/Away (circle one)
4. First Name/Relationship: _____ Age _____ Home/Away (circle one)
5. First Name/Relationship: _____ Age _____ Home/Away (circle one)
6. First Name/Relationship: _____ Age _____ Home/Away (circle one)

Please name any people or organizations that provide help and support to your family:

YOUR MEDICAL HISTORY

Have you had a medical exam in the past year?

Yes No

Do you have a Primary Care Physician (PCP)?

Yes No

Are there any current or past medical conditions or disabilities that would be helpful for us to know about? _____

Are you taking any medications?

Yes No

If yes, list:

OTHER ISSUES

Alcohol and Other Drugs

Are you concerned about your alcohol use?

Unsure Yes No

How often do you drink? _____ How many drinks at a time? _____

Are you concerned about your marijuana use?

Unsure Yes No

If you use, how often? _____

Are you concerned about your over-use of prescriptions, such as pain relievers?

Unsure Yes No

Are you concerned about your use of other drugs?

Unsure Yes No

Is someone who cares about you concerned about your alcohol or drug use?

Unsure Yes No

Was alcohol, prescriptions or other drugs an issue in the past?

Yes No

Are you concerned about the drug or alcohol use of someone close to you?

Yes No

Did you grow up in a home in which a parent abused drugs or alcohol?

Yes No

Are you concerned about or do you want to quit tobacco?

Unsure Yes No

How much caffeine do you have in a day? _____

Legal

Do you have legal concerns?

Yes No

Have you ever been arrested?

Yes No

Have you ever been involved with Child Protective Services?

Yes No

Financial

Are you experiencing any financial difficulties?

Yes No

Is gambling affecting your life?

Yes No

Work and School

What is your job/profession? _____

Length of time at your current job: _____

Are you currently enrolled in school?

Yes No

Highest education level completed: _____

OPTIONAL INFORMATION

Relationship Status: Single Married Widowed Separated Divorced Living Together

Racial Identity: Caucasian African American Hispanic Bi-Racial Asian American

Native American Other: _____