

SHUT UP I LOVE THIS

BABY ESSENTIALS CHECKLIST

		Quantity	These are the baby essentials for the first 6 months
<input type="checkbox"/>	Newborn Nighties	2	<p>These are little onesies with no legs. Nice and loose so it doesn't rub against belly button/cord. We used these for the first month and they were much easier get on compared to a onesie with legs.</p> <p>Three word for ya - HAND ME DOWNS! Babies grow out of things in a flash.</p> <p>TIP - For all things baby, check out Facebook group pages for great deals. Also, The Gap and Old Navy always has amazing online sales.</p> <p>Another TIP - No need for shoes at the newborn stage. Just socks. You may need some booties or slip ons after 6 months, but that's about it.</p>
<input type="checkbox"/>	Newborn Onesies	10 - 15	<p>Your baby will LIVE in onesies. You'll need a few since they will rotate through them quick. Be sure to get a mix of short and long sleeve.</p> <p>Again, three words for ya - HAND ME DOWNS!</p>
<input type="checkbox"/>	3 to 6 month Onesies	10 - 15	<p>They grow out of the newborn stuff quickly! You will find that you move onto the next size very quickly.</p> <p>Do I need to say it again? HAND ME DOWNS!</p>
<input type="checkbox"/>	Bibs	15 +	You can get lucky and get a baby that does not spit up a lot...but for ones that do...You'll need a shit load of bibs. Also, they may start teething early and baby will be on constant DROOL mode.
<input type="checkbox"/>	Bibs for solid food	2 - 4	You'll need these at 5 to 6 months. Find bibs that are more water resistant and easy to wipe clean.
<input type="checkbox"/>	Wash Clothes	15 - 20	You'll always need a wash cloth. Get lot's.
<input type="checkbox"/>	Swaddle Sheets / Blankets	6	Serves several purposes. Light blanket, seat/stroller cover, spit up wiper, towel, tear wiper etc
<input type="checkbox"/>	Velcro Swaddles (newborn - 4 months)	6	Buy 3 for newborn phase and 3 for up to 3+ months old. We found these velcro swaddles way more convenient, especially when swaddling a wiggly baby in the middle of the night.
<input type="checkbox"/>	Sleep Sack or Sleep Suit	3	After the velcro swaddles, you can move into a sleep sack or sleep suit after 3 - 4 months. This is when you are ready to free their arms and when they start to roll over.
<input type="checkbox"/>	Bottles	10 (min)	You'll need approx. 6 x 4 oz bottles and 6 x 8 oz bottles. Again, buy 1 set first before buying a second. All bottles are slightly different and the baby will have a preference. I personally think the Dr. Browns bottles were the best. Lot's of parts, but less mess and my baby adapted to the nipples well. (I tried two other BRANDS, the Medela Calma bottle nipple was SUPER messy to suck from, the MUNCHKIN Latch bottle nipples kept getting stuck).
<input type="checkbox"/>	Soothers	2	Don't need more than 2 (your baby may not even like it). Get the BPA free, natural rubber ones.
<input type="checkbox"/>	Clips for Soothers	2	Get the clips that double as teething beads.
<input type="checkbox"/>	Some sort of white noise maker	1	Honestly, a fan works fine.
<input type="checkbox"/>	Peanut Diaper Change Pad	1	The best for POOP and PEE explosions! Easy to wipe and keep clean. I am so glad we did not go with the traditional cloth covered changing pad. LIFE SAVER.
<input type="checkbox"/>	Diaper Pail	1	For obvious reasons. You need to air it out every once in awhile (perhaps out on the porch), because it will get stinky real fast.
<input type="checkbox"/>	Diapers & Wipes	1	Do not stock up yet. You have no idea how big your baby will be and it will grow out of diapers quick. Get 1 pack of newborn diapers and then figure out the rest later. You can get both the diapers and wipes from Costco. The Kirkland brand wipes are great.

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<input type="checkbox"/>	Health Basic Set	1	You can usually get these in a set. (1) Soft brush to help with cradle cap, (1) nail clippers and (1) thermometer of some sort.
<input type="checkbox"/>	Baby Bjorn Bouncer	1	It's the perfect little chair where you can plop your baby while you take a shower, go to the bathroom, load the dishwasher etc.
<input type="checkbox"/>	Nursing/Lounge Chair	1	Invest in a good one. Make sure the back is high enough and that there are sides so you can rest your head. Get one that reclines all the way back, rocks and swivels. We got ours from West Coast Kids and it's called the Dorel Monbebe Everston Swivel Reclining Glider in Gray. It's also available at Lusso Baby. One of our best purchases.
<input type="checkbox"/>	Small Containers	1	For when your baby is ready to start solids. These usually come in a set of 6. Small containers to store puree foods.
<input type="checkbox"/>	Bath /Lotion	1 each	There are a tonne of options. Find one product that doubles as body and hair shampoo. As for lotion I really like Aveeno for sensitive skin and Johnsons Night Time Soothing Lotion.
<input type="checkbox"/>	Monitor	1	We live in under 1000 sq ft and one monitor/screen does us just fine.
<input type="checkbox"/>	Night Light	1	We had an extra small lamp hanging around and that is what we use. that is on a dimmer. I personally like to control the light. Otherwise, you can grab a very inexpensive night light from the dollar store.
		Quantity	These are the nice to haves - Borrow and get second hand when you can
<input type="checkbox"/>	Jumping Contraption	1	You'll need this around 4 - 5 months, depending on when your baby starts to hold up his head. Buy this monstrous thing second hand or borrow. I got the FisherPrice Jumper on Craigslist for \$40. I use it only once in a while when I need to keep him busy for a few minutes.
<input type="checkbox"/>	Bed Mobile	1	We have one, baby might look at it for about 2 minutes...It's strictly decor.
<input type="checkbox"/>	Toys & Books		TOYS - There are always too many and not necessary. BOOKS - These are great, but you don't need too many at the beginning.
<input type="checkbox"/>	Bassinet (Or anything similar to a sleeping pod)	1	Borrow if you can. Your baby will out grow out of it in about 3 months. We moved our son over to the crib around month 4. (Truth be told, for the first 3 months baby will be sleeping on you while you lay back on the recliner). Also, we used a good old firm pillow and made a barrier with blankets. It worked just fine.
<input type="checkbox"/>	Carrier	1	Depends on your lifestyle. We have the Ergo and we've used it a few times. We thought we'd use it more, but we don't. But it is good to have, but not utterly necessary.
<input type="checkbox"/>	Sun Shade for Car	2	We have some, but not really sure how much they help. The hood cover on the car seat usually gives the baby enough shade from the sun.
<input type="checkbox"/>	Car Seat Cover	1	Again, just use a swaddle blanket.
<input type="checkbox"/>	Bottle Warmer	1	My husband swears by this, but I never really used it. It was used mostly in the first 3 months, when I was pumping and refrigerating breast milk. But we rarely use it now. If you are pumping and EBF, yes, I'd recommend it.
<input type="checkbox"/>	Wipe Warmer	1	Again, my husband swears by this but I don't think it's super necessary. Sure, a nice warm cloth feels better for those middle of the night changes...But my thinking is - Get your baby use to cold clothes. You'll be doing changes in the most inconvenient places at times and you WILL NOT have your nice cushy wipe warmer with you.
<input type="checkbox"/>	Play Mat	1	Any one will work, with all the dangly toys. Borrow or get second hand if you can. They get bored of them fairly quick. A simple throw blanket or quilt does the trick too.
<input type="checkbox"/>	Diaper Bag	1	I bought one specifically that did not look like a diaper bag so I can continue using it down the road. In all honesty...If you have a large bag/tote or knapsack of some sort, it's all you really need.

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		Quantity	These are the baby essentials for the first 6 months
<input type="checkbox"/>	Nursing Bra	2	1 bought 2 and I just rotated them. I found it a little easier for breastfeeding but now I just wear my normal bras. Any lower cut bra like a wireless one or a demi cup one will work just fine. Even a lower cut sports bra! Nursing bras can be expensive.
<input type="checkbox"/>	Breast Pump	1	Borrow this item or at least wait to buy until after your baby is born. I realized I needed to pump only at a moderate level since I was topping up with formula and the Medela Swing pump was perfect. If you decide to EBF, get a higher grade pump. If you decide formula is the route you are going and you may pump once in while, you can get away with hand pump.
<input type="checkbox"/>	Nursing Pillow	1	Again, doesn't have to be anything fancy, but it can double as a "support pillow" for the baby as well! Personally, I just used super soft king size pillows.

***Disclaimer** - This is for informational purposed only. These suggestions are purely based on my personal experiences and I have not been paid or sponsored for these suggestions.