

# CAREER GOAL STATEMENT ACTIVITY

Take inventory of these areas

## loves

What did you like/love about past jobs?

Example: politics, games, travel, food, arts, entrepreneurship, technology, fashion

## values

What do you value in life?

Example: service, challenges, security, creativity, fame, integrity, power, diversity, accomplishment

## skills

What are you the "go to" person for? What are you good at? And don't be modest!

Example: teamwork, problem solving, organization, patience, resourceful, curious, leadership

## audiences

Think about the kinds of people you most enjoy. Do you have a certain cause you care about?

Example: students, veterans, prisoners, athletes, community members, animals, families

summarize your lists and create  
you meaningful work statement

Because I value \_\_\_\_\_ and am interested in \_\_\_\_\_

I will use my skills in \_\_\_\_\_ to help \_\_\_\_\_

Example: I aspire to discover solutions to global environmental issues and educate communities utilizing creativity and analytical problem solving skills, while being precise in my approach and taking risks when necessary to gain positive results. I bring a strong work ethic, ensuring I act with integrity while impacting society's approach to living green.

Congrats! Now you have a better understanding of how you can create meaning with your potential career. The next goal is to work on communicating this effectively (also known as an elevator pitch).