



## **LEICESTERSHIRE & RUTLAND COUNTY ARCHERY ASSOCIATION DEVELOPMENT PLAN 2021/22**

### **COACH DEVELOPMENT**

Continue the development of coaches through targeted workshops and AGB sanctioned development programmes.

Give coaches in the county the opportunity to participate in coaching session led by higher level coaches through junior and senior squad development programmes.

Ensure coaches are aware of relevant regional and national coach development events.

### **COACH RECRUITMENT**

Run additional Session coaching courses with a combination AGB online course and local workshops within the county, providing there is enough demand for such courses.

Encourage participation by continuing to partially fund Level 2 and County coaches who have successfully completed and gained the qualification.

### **SENIOR ARCHER DEVELOPMENT**

Develop coaching programmes for senior squad development through the indoor season in preparation for the competition season. Allow coaches from the county to work with senior coaches to develop squads to a competitive level.

Opportunities may exist to run specific workshops for archers specifically for strength and conditioning, equipment maintenance and tuning.

### **JUNIOR ARCHER DEVELOPMENT**

Continue with the Junior Development Squad (JeDis) to develop junior archers within the county. Introduce junior archers to competition through a series of junior indoor and outdoor shoots throughout the year.