



March 19, 2020

**FOR IMMEDIATE RELEASE**

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**COVID-19 DAILY STATUS REPORT**

**PLEASE NOTE:** This is an evolving situation. More information will be distributed as it becomes available. For the most up to date information, please visit: [www.cdc.gov/coronavirus](http://www.cdc.gov/coronavirus). Additional information is available at [www.sjcphs.org/coronavirus.aspx](http://www.sjcphs.org/coronavirus.aspx).

**CURRENT STATUS:**

- As of Thursday AM, March 19, there are 15 confirmed cases of COVID-19 (novel coronavirus) and 2 deaths in San Joaquin County.
- In California, there are 598 active cases and 13 deaths.

**RECENT ACTIVITIES:**

- Public Health Services issued a press release announcing news of 2 deaths and 14 current cases in the County.

**COVID-19 RECOMMENDATIONS:**

To protect those most vulnerable (people age 65 and older and/or those with chronic medical conditions) from exposure to COVID-19, it is critical for everyone to follow these recommendations:

- If you have any COVID-19 symptoms (fever, cough, and shortness of breath), stay home. Most people with mild symptoms can care for themselves.
- If you are experiencing worsening symptoms and are in the high risk category, immediately contact your local healthcare provider. People should only call 911 if they feel they are in imminent danger.
- Avoid contact or maintain at least a six feet distance with anyone, especially those in the high risk category.
- Urge those age 65 and older and anyone with underlying chronic medical condition to stay away from large gatherings.
- Wash your hands often and be sure to practice good hand washing techniques.
- Cover coughs and sneezes with a tissue, then throw the tissue in the trash. If tissues are not available, cough or sneeze into the inside of your elbow. Then wash your hands again.
- Avoid touching your face, eyes, and mouth.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- If sick, stay home to reduce the exposure to others for 10 days from onset of symptoms, and await 72 hours after symptoms resolve.

**Remain calm and be prepared:**

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[add statement on current status and direction for social distancing and shelter-in-place]

### Stay informed

This is a rapidly evolving situation. We encourage you to check the following websites and their social media accounts routinely:

- Centers for Disease Control and Prevention (CDC) webpage  
<https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- California Department of Public Health (CDPH) webpage  
<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/ncov2019.aspx>
- San Joaquin County Public Health Services (PHS) website  
<http://www.sjcphs.org>

### WHAT SAN JOAQUIN COUNTY IS DOING:

Since the start of this outbreak, we have taken a proactive approach to prepare for and carefully monitor potential cases of COVID-19 in San Joaquin County. Actions we have taken include:

- Maintaining regular contact and following the guidance from the CDC and the California Department of Public Health (CDPH);
- Conducting PHS planning meetings with our programs such as Emergency Preparedness, Disease Control and Prevention, Epidemiology, and Public Information and Communication to allow for enhanced response coordination;
- Working to insure that our health care systems, first responders and schools have the guidance they need through presentations, phone consultations, and meetings;
- Maintaining communication and outreach with federal, state and local partners, including the County EMS and other Regional entities;
- Providing symptom monitoring for residents returning from travel who are considered low to moderate risk;
- Distributing information and updates to health care professionals and educational settings; and,
- Reviewing and adapting current pandemic plans for COVID-19.

As this situation evolves, we will continually update the community through our [Website](#), our [Facebook page](#) and our [Twitter account](#), as well as news releases.

### ADDITIONAL RESOURCES:

- [CDC Website for 2019 Novel Coronavirus, Wuhan, China](#)
- [California Dept. of Public Health/Novel Coronavirus 2019 \(nCoV-2019\) page](#)
- [Guidance Documents: Coronavirus Disease 2019 \(COVID-19\)](#) A list of various guidance documents (e.g., event organizers, first responders, employers, home cleaning, etc.) can be found on the California Department of Public Health webpage, <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Guidance.aspx>
  - [CDPH 2019 Novel Coronavirus Guidance for Schools and School Districts \(2/7/2020\)](#)
  - [CDPH 2019 Novel Coronavirus Guidance for Colleges and Universities \(2/11/2020\)](#)
  - [CDPH 2019 Novel Coronavirus Guidance for Child Care and Preschool Settings \(2/11/2020\)](#)
  - [Mitigation Strategies for Communities with Local COVID-19 Transmission](#) 
  - [State Health & Emergency Officials Release Guidance to Prepare and Protect Homeless Californians and Service Providers from COVID-19 \(3/11/20\)](#) 



- **San Joaquin County Public Health Services Guidance for Schools, Childcare & Providers COVID-19 (3-13-2020)** 
- **San Joaquin County Public Health Services Guidance for Mass Gatherings COVID-19 (3-13-20)** 
- **San Joaquin County Guidance for Employers 2019 Novel Coronavirus (COVID-19)** 
- [Health Information Fact Sheet, Coronavirus diseases 2019 \(COVID-19\)](#)
- [What you need to know about Coronavirus disease 2019 \(COVID-19\), Eng/Spa](#)
- [What to do if you are sick with Coronavirus disease 2019 \(COVID-19\), Eng/Spa](#)
- [Stop the spread of germs, English/Spanish](#)

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