

QHSE ASSESSMENT OF RISK & GUIDELINES FOR COVID-19 (From June 2020)



RA 100	Warehouse (Phase 2)	
Issue No.	1.0	
Central Risk Assessment Team		
Clare Flanagan	Health & Safety Manager	
Dennis Keegan	Head of QHSE	
Local Risk Assessment Team		
Name	Job Title	Signature

Main considerations	Risk Rating	Required controls	Additional local controls
GENERAL CONTROLS TO BE APPLIED FOR ALL AREAS & ACTIVITIES			
Biological risk of infection of COVID-19 – General	HIGH	<p>Individual</p> <ul style="list-style-type: none"> ○ Personal hygiene practices followed incl. 20 second hand washing technique ○ Hand sanitisation before /after breaks ○ Safe distancing maintained ○ Reporting symptoms/ household symptoms and self-isolating where necessary ○ Follow company standard for testing and notification ○ Dynamic risk assessment process to be adopted for unfamiliar situations and environments <p>Organisational</p> <ul style="list-style-type: none"> ○ Furloughing of vulnerable/at risk employees ○ Communication of guidelines to employees when symptomatic ○ Corporate COVID-19 posters displayed; “Keep your distance”, 	

QHSE ASSESSMENT OF RISK & GUIDELINES FOR COVID-19 (From June 2020)

		<p><i>“Handwashing”, “Advice on the Coronavirus”, “Catch it, Bin it, Kill it”</i></p> <ul style="list-style-type: none"> ○ Regular communications (verbally & electronically) delivered to employees by line managers, to re-inforce the requirements and precautions ○ Confirmed case guidance and risk assessment ○ Use of Gov.uk guidance documents <p>Procedures & equipment</p> <ul style="list-style-type: none"> ○ Sanitisation of equipment i.e. Voice units & headsets, MHE, tools, before and after each use with appropriate sanitising solution and blue-roll (or equivalent) ○ Movement of cages with general purpose gloves ○ Provision of hand sanitiser at key locations ○ Cleaning and sanitisation of touch points more frequently ○ Increased use of signage and safe distancing markers ○ Enhanced cleaning schedules ○ Monitoring of adherence to controls in place ○ Completion of weekly 1st party audits by SEM 	
<p>Biological risk of infection of COVID-19 – Warehouse (general)</p>	HIGH	<p>Individual</p> <ul style="list-style-type: none"> ○ Sanitisation of equipment i.e. Voice units & headsets, MHE, tools, before and after each use with appropriate sanitising solution and blue-roll (or equivalent) ○ Use of latex / vinyl gloves to handle products and avoid cross infection where general purpose gloves are not worn ○ Follow guidelines for safe use of gloves <p>Procedures / equipment</p> <ul style="list-style-type: none"> ○ Use of Pre-Op check sheets to record the sanitisation of MHE ○ Use of bay / aisle distancing or floor markings 	

QHSE ASSESSMENT OF RISK & GUIDELINES FOR COVID-19 (From June 2020)

		<ul style="list-style-type: none"> ○ Local review of staff numbers, times on site etc. ○ Monitoring of adherence to controls in warehouse through Manager walk-rounds ○ Optional use of face masks (upon employee request) 	
<p>Biological risk of infection of COVID-19 from Goods in and loading activities</p>	HIGH	<p>Individual</p> <ul style="list-style-type: none"> ○ Sanitise MHE controls, headset and other shared equipment before use ○ Frequent hand sanitisation ○ Sanitisation of bay door controls before use ○ Supply drivers' keys not to be handled and placed in envelope when surrendered to goods in and returned back to driver ○ Gloves to be worn when handling drivers keys which are placed on bay doors when loading / unloading ○ Gloves to be worn when handling equipment inside vehicle such as the securing of restraining straps ○ Gloves to be worn when handling paperwork ○ Follow guidelines for safe use of gloves <p>Organisation</p> <ul style="list-style-type: none"> ○ Goods in schedule to be more strictly managed to allocate more specific time slots for supply drivers <p>Procedures / Equipment</p> <ul style="list-style-type: none"> ○ Screens installed around goods in desk where a window or physical barrier is not present ○ Where practical vehicles not assigned to adjacent bays at same time so as to maintain safe distancing whilst loading / unloading ○ Single man assigned per vehicle to load / unload ○ Workplace transport risk assessments reviewed to determine 	

QHSE ASSESSMENT OF RISK & GUIDELINES FOR COVID-19 (From June 2020)

		<p>whether safe distancing can be maintained through the provision of walkways, one way systems, traffic routes, entrances and exits and whether additional walkways and access points are required to accommodate</p> <ul style="list-style-type: none"> ○ Installation of glass panels in doors where there is frequent two-way pedestrian activity ○ Supply drivers to remain in vehicles, however access to toilets and handwashing should be provided. 	
Biological risk of infection of COVID-19 from picking activities	HIGH	<p>Individual</p> <ul style="list-style-type: none"> ○ Sanitise MHE controls, headset and other shared equipment before use ○ Maintain safe distancing whilst picking, using natural distance of LLOP length as a guide ○ Use of general handling gloves whilst picking ○ Use lifting equipment (hand pallet trucks, auto lifters, MHE) available to assist with heavy or bulky loads ○ Where assistance is required for heavier lifts, as safe distancing will be difficult to maintain, both individuals to wear face masks for this activity ○ Two-person lifts are only to be for a short duration and not repetitive <p>Procedures / equipment</p> <ul style="list-style-type: none"> ○ Floor markers used in picking aisles to identify safe distances ○ Review shift numbers to ensure safe distancing can be maintained and extend duration of shifts to accommodate where necessary 	
Biological risk of infection of COVID-19 from	HIGH	<p>Individual</p> <ul style="list-style-type: none"> ○ Sanitise MHE controls, headset and other shared equipment before use 	

QHSE ASSESSMENT OF RISK & GUIDELINES FOR COVID-19 (From June 2020)

<p>driving /operating MHE</p>		<ul style="list-style-type: none"> ○ When stepping off MHE, ensure safe distancing is maintained <p>Organisation</p> <ul style="list-style-type: none"> ○ MHE observation sheet to be amended to include observations around maintenance of safe distancing whilst operating MHE <p>Procedures / equipment</p> <ul style="list-style-type: none"> ○ Workplace transport risk assessment to be reviewed to identify risks with FLT activity safe distancing and appropriate controls implemented to manage and maintain ○ Sanitising station to be available at battery charging and parking areas ○ Battery charging / parking areas to be managed so as to maintain safe distancing; manage people activity in area, reconfigure parking and charging where possible to ensure safe distance 	
<p>Biological risk of infection of COVID-19 from Using drying / changing rooms</p>	HIGH	<p>Individual</p> <ul style="list-style-type: none"> ○ Items of clothing of other items not be shared. Strictly personal issue PPE. <p>Procedures / equipment</p> <ul style="list-style-type: none"> ○ Display signage in areas to reinforce personal hygiene and safe distancing ○ Identify maximum number permissible in drying / changing rooms at any one time, based on space available ○ Display maximum number allowed in areas at any one time ○ Manage breaks and start times so as to maintain safe distancing and avoid excessive numbers in these areas at any one time 	

QHSE ASSESSMENT OF RISK & GUIDELINES FOR COVID-19 (From June 2020)

Risk of increased stress and mental health issues	MED	<p>Individual</p> <ul style="list-style-type: none"> ○ <i>Managers</i>; Regularly reinforce management support for those who need additional help ○ <i>Managers</i>; Regular contact from Line Managers via phone or video call for home workers and furloughed staff <p>Organisational</p> <ul style="list-style-type: none"> ○ Regular board member update communications ○ Regular communication of mental health information available on The Hub <p>Procedures & Equipment</p> <ul style="list-style-type: none"> ○ Coronavirus – “What support is available for you” poster 	
Management of symptomatic people	MED	<p>Individual</p> <ul style="list-style-type: none"> ○ Follow guidelines for isolation when symptomatic or household symptomatic ○ <i>Managers</i>; Communicate guidelines to employees for testing and how results are then subsequently reported back to the depot ○ <i>Managers</i>; maintain regular contact with individuals who are absent <p>Organisational</p> <ul style="list-style-type: none"> ○ Stay at home policy ○ Confirmed case guidance and risk assessment ○ COVID-19 Managers guidance issued regularly <p>Procedures & equipment</p> <ul style="list-style-type: none"> ○ Covid-19 Manager Guidance & Q&As reviewed 	

These requirements should be used in conjunction with and in addition to existing depot risk assessments

Acceptance and completion of controls by General Manager

Name	Signature	Date

Review

Agreed review frequency		
Review date	Reviewed by	Comments

RA 101	Transport & drivers (Phase 2)	
Issue No.	1.0	
Central Risk Assessment Team		
Clare Flanagan	Health & Safety Manager	
Dennis Keegan	Head of QHSE	
Local Risk Assessment Team		
Name	Job Title	Signature

Main considerations	Risk Rating	Required controls	Additional local controls
GENERAL CONTROLS TO BE APPLIED FOR ALL AREAS & ACTIVITIES			
Biological risk of infection of COVID-19 – General	HIGH	<p>Individual</p> <ul style="list-style-type: none"> ○ Personal hygiene practices followed incl. 20 second hand washing technique ○ Hand sanitisation before /after breaks ○ Safe distancing maintained ○ Reporting symptoms/ household symptoms and self-isolating where necessary ○ Follow company standard for testing and notification ○ Dynamic risk assessment process to be adopted for unfamiliar situations and environments <p>Organisational</p> <ul style="list-style-type: none"> ○ Furloughing of vulnerable/at risk employees ○ Communication of guidelines to employees when symptomatic ○ Corporate COVID-19 posters displayed; <i>“Keep your</i> 	

QHSE ASSESSMENT OF RISK & GUIDELINES FOR COVID-19 (From June 2020)

		<p><i>distance”, “Handwashing”, “Advice on the Coronavirus”, “Catch it, Bin it, Kill it”</i></p> <ul style="list-style-type: none"> ○ Regular communications (verbally & electronically) delivered to employees by line managers, to re-inforce the requirements and precautions ○ Confirmed case guidance and risk assessment ○ Use of Gov.uk guidance documents <p>Procedures & equipment</p> <ul style="list-style-type: none"> ○ Sanitisation of equipment before and after each use with appropriate sanitising solution and blue-roll (or equivalent) ○ Provision of hand sanitiser at key locations ○ Cleaning and sanitisation of touch points more frequently ○ Increased use of signage and safe distancing markers ○ Enhanced cleaning schedules ○ Monitoring of adherence to controls in place ○ Completion of weekly 1st party audits by SEM 	
<p>Biological risk of infection of COVID-19 from deliveries to customers</p>	HIGH	<p>Individual</p> <ul style="list-style-type: none"> ○ Use of latex or vinyl gloves to handle products and avoid infection ○ Use of sanitiser after each delivery ○ Follow guidelines for use of gloves ○ Use of near miss reporting process for customer delivery points failing to maintain safe distancing and compromising safety <p>Organisational</p> <ul style="list-style-type: none"> ○ Use of latex or vinyl gloves to handle products and avoid cross infection ○ Cash payments to be minimised 	

QHSE ASSESSMENT OF RISK & GUIDELINES FOR COVID-19 (From June 2020)

		<ul style="list-style-type: none"> ○ No requirement for customer signatures on receipt of goods ○ PDA / sign on glass process to be reviewed <p>Procedures & Equipment</p> <ul style="list-style-type: none"> ○ Schedules and timings of deliveries should be adjusted so as to avoid busy periods and crowding, in order that the driver can maintain safe distancing whilst making the delivery 	
Biological risk of infection of COVID-19 from deliveries to customers in high care environments	HIGH	<p>Individual</p> <ul style="list-style-type: none"> ○ Where practical, avoid entering the customers' premises ○ Face masks to be worn whilst making the delivery ref: TBT 120520 <p>Procedures / Equipment</p> <ul style="list-style-type: none"> ○ Display and distribute "Use of Face masks" poster 	
Biological risk of infection of COVID-19 when double manning vehicles	HIGH	<p>Individual</p> <ul style="list-style-type: none"> ○ Where this is necessary and cannot be avoided; safe social distancing should be maintained where possible and sit side by side in the vehicle and avoid face to face contact within 2 m ○ Increase airflow in vehicles by opening windows and ensure the cab is well ventilated ○ Cleaning of vehicle interior before and after use ○ Face masks should be worn when double manning vehicles <p>Procedures / Equipment</p> <ul style="list-style-type: none"> ○ Only in exceptional circumstances should double manning of vehicles occur ○ Use fixed pairing system if this occurs more regularly to avoid risk of wider group infection 	

QHSE ASSESSMENT OF RISK & GUIDELINES FOR COVID-19 (From June 2020)

<p>Biological risk of infection of COVID-19 on return to depot</p>	<p>HIGH</p>	<p>Individual</p> <ul style="list-style-type: none"> ○ Use of gloves whilst refuelling <p>Procedures / equipment</p> <ul style="list-style-type: none"> ○ Workplace transport risk assessment reviewed to determine whether safe distancing can be maintained through the provision of walkways, traffic routes, entrances and exits ○ Screens to be installed around driver de-brief area ○ Allocation of drivers to same vehicles where practical ○ Latex / Vinyl gloves available for drivers when refuelling to avoid the risk of infection from the fuel pump ○ Increased cleaning frequency around fuel island and touch points ○ Process for vehicle key sanitisation in place when keys are returned to the transport office ○ Safe disposal of gloves in plastic bags and then into bins at depot ○ Increased vehicle cab cleaning and sanitisation frequency (before and after shift) 	
<p>Risk of increased stress and mental health issues</p>	<p>HIGH</p>	<p>Individual</p> <ul style="list-style-type: none"> ○ <i>Managers</i>; Regularly reinforce management support for those who need additional help ○ <i>Managers</i>; Regular contact from Line Managers via phone or video call for home workers and furloughed staff <p>Organisational</p> <ul style="list-style-type: none"> ○ Regular board member update communications ○ Regular communication of mental health information available on The Hub 	

		<p>Procedures & Equipment Coronavirus – “What support is available for you” poster</p>	
<p>Management of symptomatic people</p>	<p>MED</p>	<p>Individual</p> <ul style="list-style-type: none"> ○ Follow guidelines for isolation when symptomatic or household symptomatic ○ <i>Managers</i>; Communicate guidelines to employees for testing and how results are then subsequently reported back to the depot ○ <i>Managers</i>; maintain regular contact with individuals who are absent <p>Organisational</p> <ul style="list-style-type: none"> ○ Stay at home policy ○ Confirmed case guidance and risk assessment ○ COVID-19 Managers guidance issued regularly <p>Procedures & equipment</p> <ul style="list-style-type: none"> ○ Covid-19 Manager Guidance & Q&As reviewed 	

These requirements should be used in conjunction with and in addition to existing depot risk assessments

Acceptance and completion of controls by General Manager

Name	Signature	Date

Review

Agreed review frequency		
Review date	Reviewed by	Comments

RA 102	Offices inc: Access & egress & visitor / contractor access (Phase 2)	
Issue No.	1.0	
Central Risk Assessment Team		
Clare Flanagan	Health & Safety Manager	
Dennis Keegan	Head of QHSE	
Local Risk Assessment Team		
Name	Job Title	Signature

Main considerations	Risk Rating	Required controls	Additional local controls
GENERAL CONTROLS TO BE APPLIED FOR ALL AREAS & ACTIVITIES			
Biological risk of infection of COVID-19 – General	HIGH	<p>Individual</p> <ul style="list-style-type: none"> ○ Personal hygiene practices followed incl. 20 second hand washing technique ○ Hand sanitisation before /after breaks ○ Safe distancing maintained ○ Reporting symptoms/ household symptoms and self-isolating where necessary ○ Follow company standard for testing and notification ○ Dynamic risk assessment process to be adopted for unfamiliar situations and environments <p>Organisational</p> <ul style="list-style-type: none"> ○ Furloughing of vulnerable/at risk employees ○ Communication of guidelines to employees when symptomatic ○ Corporate COVID-19 posters displayed; “Keep your distance”, 	

QHSE ASSESSMENT OF RISK & GUIDELINES FOR COVID-19 (From June 2020)

		<p><i>“Handwashing”, “Advice on the Coronavirus”, “Catch it, Bin it, Kill it”</i></p> <ul style="list-style-type: none"> ○ Regular communications (verbally & electronically) delivered to employees by line managers, to re-inforce the requirements and precautions ○ Confirmed case guidance and risk assessment ○ Use of Gov.uk guidance documents <p>Procedures & equipment</p> <ul style="list-style-type: none"> ○ Sanitisation of equipment before and after each use with appropriate sanitising solution and blue-roll (or equivalent) ○ Provision of hand sanitiser at key locations ○ Cleaning and sanitisation of touch points more frequently ○ Increased use of signage and safe distancing markers ○ Enhanced cleaning schedules ○ Monitoring of adherence to controls in place ○ Completion of weekly 1st party audits by SEM 	
<p>Biological risk of infection of COVID-19 – Access & Egress and movement around buildings and workplaces</p>	HIGH	<p>Individual</p> <ul style="list-style-type: none"> ○ Car sharing to be avoided <p>Procedures & Equipment</p> <ul style="list-style-type: none"> ○ Provision of sanitisation equipment on entry & exit points to site and signage (SD129/SD130) ○ Staggered arrival and departure times for employees to reduce crowding and therefore maintaining safe distancing ○ Provision of additional facilities for cycle storage ○ Use of car sharing to be discouraged ○ Review workplace transport and parking to ensure safe distancing is maintained for pedestrians around areas with high footfall activity ○ Replacement of all touch based security devices for access to eliminate touch contact and therefore reducing the risk of 	

QHSE ASSESSMENT OF RISK & GUIDELINES FOR COVID-19 (From June 2020)

		<p>infection</p> <ul style="list-style-type: none"> ○ Review positioning of personnel to limit journeys around site ○ Implement the use of pedestrian one-way systems utilising floor signage and barriers where necessary in order that social distancing can be maintained ○ Limit maximum lift capacity to 1 person and indicate with signage around lift entry/exit point ○ Increased use of signage, floor markings and monitoring around high footfall areas 	
Biological risk of infection of COVID-19 – Canteen & common areas	HIGH	<p>Individual</p> <ul style="list-style-type: none"> ○ Sanitisation of shared / communal equipment before/after use ○ Avoid making drinks for others <p>Organisational</p> <ul style="list-style-type: none"> ○ Review of RAMS for DINE catering to ensure controls are adequate and appropriate and face masks and gloves are identified for catering staff <p>Procedures & Equipment</p> <ul style="list-style-type: none"> ○ Manage break times & use of canteen to limit number of people at one time in order that safe distancing can be maintained ○ Removal of some chairs around tables to manage safe distancing ○ Where possible and where space permits, designate a safe outside space for breaks which is safely accessible ○ Provide sanitising equipment for shared items and communal kitchen areas ○ Enhanced cleaning schedules in shared areas 	
Biological risk of infection of COVID-19 – Toilets	HIGH	<p>Procedures & equipment</p> <ul style="list-style-type: none"> ○ Review toilet areas to enable safe distancing to be maintained, 	

QHSE ASSESSMENT OF RISK & GUIDELINES FOR COVID-19 (From June 2020)

		<p>which may include removing some cubicles and urinals from use</p> <ul style="list-style-type: none"> ○ Increased signage including correct hand washing technique 	
<p>Biological risk of infection of COVID-19 - Offices</p>	<p>HIGH</p>	<p>Individual</p> <ul style="list-style-type: none"> ○ Sanitisation of shared / communal equipment before/after use ○ Where possible, bring in own food, cutlery and crockery ○ Eat at desks and work areas where possible <p>Procedures & Equipment</p> <ul style="list-style-type: none"> ○ Home working where possible for those roles that allow ○ Training to be given, in the form of an induction (and sign off), to all employees returning to work from furlough, shielding, and those who have been working from home, detailing all new ways of working and precautions to be taken. ○ Assessment to be completed of the home working environment and workstation for those working from home ○ Provide sanitising equipment for shared items ○ Review and rearrange seating and furniture in office areas to maintain safe distancing and limit face-to-face seating within 2m ○ Where safe distancing cannot be maintained, screens or booths should be erected ○ Local review of staff numbers, times on site etc. to maintain safe distancing ○ Control of the use of hot desks to ensure use is minimised ○ Provide clear instructions to hot desk users on the requirements to clean and sanitise before and after use ○ Provision of cleaning equipment and sanitiser in office areas ○ Enhanced cleaning frequency in shared areas 	

QHSE ASSESSMENT OF RISK & GUIDELINES FOR COVID-19 (From June 2020)

<p>Biological risk of infection of COVID-19 – Reception & entrances Inc: Visitor & contractor control</p>	<p>HIGH</p>	<p>Organisational</p> <ul style="list-style-type: none"> ○ <u>Contractors only</u>; Review of RAMS to ensure specific controls around COVID-19 are included <p>Procedures & Equipment</p> <ul style="list-style-type: none"> ○ Arrange reception furniture to enable safe distancing to be maintained i.e. Visitor seating at 2m apart ○ Increased use of signage to indicate waiting / standing points ○ Only essential visitors and essential Fleet & Facilities contractors allowed on site ○ Review site rules and visitor & contractor guidelines, to ensure they include personal hygiene, sanitisation and safe distancing guidelines ○ Display Visitors and contractors poster prominently ○ Visitors and contractors reminded of guidelines before permitted on site including internal visitors such as support functions, sales staff etc. ○ Additional signage in reception to remind visitors / contractors not to enter site if symptomatic ○ Provide information and guidelines to visiting employees on the requirements for use of hot desks ○ Screens to be installed for reception staff in areas where space is limited and it is difficult to maintain safe distancing ○ Hand sanitisation available for all essential visitors and contractors at reception ○ <u>Contractors only</u>; Review of RAMS to ensure specific controls around COVID-19 are included ○ <u>Contractors only</u>; Increase frequency of contractor monitoring to ensure controls are being maintained 	
<p>Risk of increased stress and mental health issues</p>	<p>MED</p>	<p>Individual</p> <ul style="list-style-type: none"> ○ <i>Managers</i>; Regularly reinforce management support for those who need additional help 	

QHSE ASSESSMENT OF RISK & GUIDELINES FOR COVID-19 (From June 2020)

		<ul style="list-style-type: none"> ○ <i>Managers</i>; Regular contact from Line Managers via phone or video call for home workers and furloughed staff <p>Organisational</p> <ul style="list-style-type: none"> ○ Daily update communication ○ Regular communication of mental health information available on The Hub <p>Procedures & Equipment</p> <p>Coronavirus – “What support is available for you” poster</p>	
Management of symptomatic people	MED	<p>Individual</p> <ul style="list-style-type: none"> ○ Follow guidelines for isolation when symptomatic or household symptomatic ○ <i>Managers</i>; Communicate guidelines to employees for testing and how results are then subsequently reported back to the depot ○ <i>Managers</i>; maintain regular contact with individuals who are absent <p>Organisational</p> <ul style="list-style-type: none"> ○ Stay at home policy ○ Confirmed case guidance and risk assessment ○ COVID-19 Managers guidance issued regularly <p>Procedures & equipment</p> <ul style="list-style-type: none"> ○ Covid-19 Manager Guidance & Q&As reviewed 	

These requirements should be used in conjunction with and in addition to existing depot risk assessments

Acceptance and completion of controls by General Manager

Name	Signature	Date

Review

Agreed review frequency		
Review date	Reviewed by	Comments

RA 103	Meetings	
Issue No.	1.0	
Central Risk Assessment Team		
Clare Flanagan	Health & Safety Manager	
Dennis Keegan	Head of QHSE	
Local Risk Assessment Team		
Name	Job Title	Signature

Main considerations	Risk Rating	Required controls	Additional local controls
GENERAL CONTROLS TO BE APPLIED FOR ALL AREAS & ACTIVITIES			
Biological risk of infection of COVID-19 – General	HIGH	<p>Individual</p> <ul style="list-style-type: none"> ○ Personal hygiene practices followed incl. 20 second hand washing technique ○ Hand sanitisation before /after breaks ○ Safe distancing maintained ○ Reporting symptoms / household symptoms and self-isolating where necessary ○ Follow company standard for testing and notification ○ Dynamic risk assessment process to be adopted for unfamiliar situations and environments <p>Organisational</p> <ul style="list-style-type: none"> ○ Furloughing of vulnerable/at risk employees ○ Communication of guidelines to employees when symptomatic ○ Corporate COVID-19 posters displayed; <i>“Keep your distance”, “Handwashing”, “Advice on the Coronavirus”, “Catch it, Bin it,</i> 	

QHSE ASSESSMENT OF RISK & GUIDELINES FOR COVID-19 (From June 2020)

		<p><i>Kill it"</i></p> <ul style="list-style-type: none"> ○ Regular communications (verbally & electronically) delivered to employees by line managers, to re-inforce the requirements and precautions ○ Confirmed case guidance and risk assessment ○ Use of Gov.uk guidance documents <p>Procedures & equipment</p> <ul style="list-style-type: none"> ○ Sanitisation of equipment before and after each use with appropriate sanitising solution and blue-roll (or equivalent) ○ Provision of hand sanitiser at key locations ○ Cleaning and sanitisation of touch points more frequently ○ Increased use of signage and safe distancing markers ○ Enhanced cleaning schedules ○ Monitoring of adherence to controls in place ○ Completion of weekly 1st party audits by SEM 	
<p>Biological risk of infection of COVID-19 – Meetings</p>		<p>Individual</p> <ul style="list-style-type: none"> ○ Where face to face meetings cannot be avoided; 2m safe distancing should be maintained throughout ○ Avoid sharing items such as pens, PC accessories, flipchart pens etc. <p>Organisational</p> <ul style="list-style-type: none"> ○ Guidelines for approved video meeting applications and terms of use issued ○ Meetings with external attendees including attendees from other sites, must be signed off by site GM <p>Procedures & Equipment</p> <ul style="list-style-type: none"> ○ Use of video meeting applications to avoid in-person meetings ○ Each meeting room within the depot to be assessed to determine maximum capacity whilst maintaining safe 	

QHSE ASSESSMENT OF RISK & GUIDELINES FOR COVID-19 (From June 2020)

		<p>distancing.</p> <ul style="list-style-type: none"> ○ Limit furniture and chairs in meeting rooms to accommodate the maximum number permitted to maintain safe distancing ○ Meeting room poster to be displayed in each meeting room indicating maximum number of persons ○ Internal meetings e.g. Service Circle, to be limited to the maximum number permissible in the meeting room ○ Booking systems to be updated to reflect maximum room capacities ○ Provision of hand sanitiser and cleaning equipment in the meeting rooms ○ Consider walking meetings in open areas where possible for small number of attendees, maintaining safe distancing and using safe routes ○ Provide guidelines to employees on use of meeting rooms which should include: avoid sharing items such as pens, remote presentation aids etc. ○ Display Bidfood meeting room guidelines posters in and around meeting room areas 	
--	--	--	--

These requirements should be used in conjunction with and in addition to existing depot risk assessments

Acceptance and completion of controls by General Manager

Name	Signature	Date

Review

Agreed review frequency		
Review date	Reviewed by	Comments

QHSE ASSESSMENT OF RISK & GUIDELINES FOR COVID-19 (From June 2020)

RA 104	Remote Workers	
Description	This assessment applies to all employees who may work from home or depot and travel to customer locations as part of their normal work. This includes National Accounts, Business Managers and field sales teams	
Issue No.	1.0	
Central Risk Assessment Team		
Clare Flanagan	Health & Safety Manager	
Dennis Keegan	Head of QHSE	
Local Risk Assessment Team		
Name	Job Title	Signature

Main considerations	Risk Rating	Required controls	Additional local controls
GENERAL CONTROLS TO BE APPLIED FOR ALL AREAS & ACTIVITIES			
Biological risk of infection of COVID-19 – General	HIGH	<p>Individual</p> <ul style="list-style-type: none"> ○ Personal hygiene practices followed incl. 20 second hand washing technique ○ Hand sanitisation before /after breaks ○ Safe distancing maintained ○ Reporting symptoms/ household symptoms and self-isolating where necessary ○ Follow company standard for testing and notification ○ Dynamic risk assessment process to be adopted for unfamiliar situations and environments <p>Organisational</p> <ul style="list-style-type: none"> ○ Furloughing of vulnerable/at risk employees ○ Communication of guidelines to employees when symptomatic 	

QHSE ASSESSMENT OF RISK & GUIDELINES FOR COVID-19 (From June 2020)

		<ul style="list-style-type: none"> ○ Corporate COVID-19 posters available; “Keep your distance”, “Handwashing”, “Advice on the Coronavirus”, “Catch it, Bin it, Kill it” ○ Regular communications (verbally & electronically) delivered to employees by line managers, to re-inforce the requirements and precautions ○ Confirmed case guidance and risk assessment ○ Use of Gov.uk guidance documents <p>Procedures & equipment</p> <ul style="list-style-type: none"> ○ Sanitisation of equipment before and after each use with appropriate sanitising solution and blue-roll (or equivalent) ○ Provision of hand sanitiser at key locations ○ Cleaning and sanitisation of touch points more frequently ○ Increased use of signage and safe distancing markers ○ Enhanced cleaning schedules ○ Monitoring of adherence to controls in place ○ Completion of monthly 1st party audits by SEM 	
<p>Biological risk of infection of COVID-19 from interaction with customers</p>		<p>Individual</p> <ul style="list-style-type: none"> ○ Utilisation of video and telephone calls to contact customers and avoid attending customer premises where possible and practical ○ Avoid visits to high-care customers where the risk of infection and spread may be increased ○ Avoid car sharing ○ Apply principles of dynamic risk assessment guidelines when visiting customer premises ○ Maintain safe distancing throughout during visit ○ Avoid eating and drinking at customer premises ○ Before visit are undertaken, verify protocols to be followed whilst on site and any local arrangements in 	

QHSE ASSESSMENT OF RISK & GUIDELINES FOR COVID-19 (From June 2020)

		<p>place to reduce the spread and infection of COVID-19</p> <ul style="list-style-type: none"> ○ If visits are undertaken, avoid busy times where more people may be present, in order that social distancing can be maintained ○ Avoid handling of paperwork with customers and use electronic copies where practical ○ Apply hand sanitiser, before and after visit <p>Organisation</p> <ul style="list-style-type: none"> ○ Supply Bidfood risk assessments to customers for them to be aware of what controls are to be taken <p>Procedures/ Equipment</p> <ul style="list-style-type: none"> ○ Provision of PPE (Latex/nitrile gloves, face masks) where customer requirements dictate ○ Provision of hand sanitiser to all employees and refill/replace when necessary ○ Provision of sanitisation equipment such as sanitising wipes / spray 	
<p>Risk of musculoskeletal issues from working from home and whilst mobile</p>	MED	<p>Individual</p> <ul style="list-style-type: none"> ○ Apply work disciplines and work scheduling to avoid working from phone excessively and from laptop whilst in the car ○ For longer durations; Arrange suitable work area at home, with comfortable seating where the appropriate posture can be maintained ○ Complete DSE / home worker assessment and submit for review, in order that advice can be given relating to the workstation layout and environment ○ Review outputs and feedback from assessment with Manager to determine whether any specific equipment is required to work more safely 	

QHSE ASSESSMENT OF RISK & GUIDELINES FOR COVID-19 (From June 2020)

		<p>Organisation</p> <ul style="list-style-type: none"> ○ Provision of appropriate equipment identified through DSE / home working assessment, which prevents the onset of musculoskeletal issues i.e Laptop stands/ risers etc. <p>Procedures / equipment</p> <ul style="list-style-type: none"> ○ Completion of DSE / home worker assessment for all mobile / home workers and review 	
Biological risk of infection of COVID-19 from working at the depot	HIGH	Refer to RA 102 Offices	
Risk of increased stress and mental health issues	HIGH	<p>Individual</p> <ul style="list-style-type: none"> ○ <i>Managers</i>; Regularly reinforce management support for those who need additional help ○ <i>Managers</i>; Regular contact from Line Managers via phone or video call for home workers and furloughed staff <p>Organisational</p> <ul style="list-style-type: none"> ○ Regular board member update communications ○ Regular communication of mental health information available on The Hub <p>Procedures & Equipment</p> <p>Coronavirus – “What support is available for you” poster</p>	
Management of symptomatic people	MED	<p>Individual</p> <ul style="list-style-type: none"> ○ Follow guidelines for isolation when symptomatic or household symptomatic ○ <i>Managers</i>; Communicate guidelines to employees for 	

QHSE ASSESSMENT OF RISK & GUIDELINES FOR COVID-19 (From June 2020)

		<p>testing and how results are then subsequently reported back to the depot</p> <ul style="list-style-type: none"> ○ <i>Managers</i>; maintain regular contact with individuals who are absent <p>Organisational</p> <ul style="list-style-type: none"> ○ Stay at home policy ○ Confirmed case guidance and risk assessment ○ COVID-19 Managers guidance issued regularly <p>Procedures & equipment</p> <ul style="list-style-type: none"> ○ Covid-19 Manager Guidance & Q&As reviewed 	
--	--	---	--

These requirements should be used in conjunction with and in addition to existing risk assessments

Acceptance and completion of controls by General Manager or Director of Sales

Name	Signature	Date

Review

Agreed review frequency		
Review date	Reviewed by	Comments