

Visual Developmental Sequence Checklist

"Typically" Developing Children

Developmental Age	Visual Skills
Birth to 1 month	<ul style="list-style-type: none"> <input type="checkbox"/> Stares at lights, windows and bright walls. <input type="checkbox"/> Blinks when light is too bright. <input type="checkbox"/> Pupils get smaller with lights on and larger when lights dim, equal in size. <input type="checkbox"/> Looks at faces/objects briefly, may stop activity, i.e., sucking or moving. <input type="checkbox"/> Seems to focus best on objects 10 inches from face or further. <input type="checkbox"/> Visually follows or tracks a slowly moving object horizontally.
1 to 3 months	<ul style="list-style-type: none"> <input type="checkbox"/> Fixates on object within field of vision from 5 inches to as close as 3 inches. <input type="checkbox"/> Eye contact increases. <input type="checkbox"/> Smiles when looking into face of a person who is talking or smiling. <input type="checkbox"/> Interest on high contrast patterns. <input type="checkbox"/> Visually inspects hands and nearby surroundings. <input type="checkbox"/> Shows visual preference for people or objects. <input type="checkbox"/> Will turn to an object brought in from the side. <input type="checkbox"/> Can tilt head to look at objects above and below.
3 to 5 months	<ul style="list-style-type: none"> <input type="checkbox"/> Beginning to look at objects in hands. <input type="checkbox"/> Most objects within reach are looked at and reached for. <input type="checkbox"/> Visually attends to objects at distances from 5–20 inches. <input type="checkbox"/> Follows or tracks an object vertically or a fast-moving object. <input type="checkbox"/> Moves head or eyes to sound. <input type="checkbox"/> Looks for toys that go out of sight. <input type="checkbox"/> Fixates on objects at 3 feet. <input type="checkbox"/> Looks at small objects and details. <input type="checkbox"/> Accurately reaches for objects.
5 to 7 months	<ul style="list-style-type: none"> <input type="checkbox"/> Binocular eye movements are well developed. <input type="checkbox"/> Prefers to look at more complex and real pictures. <input type="checkbox"/> Looks in a mirror and may smile, pat, or kiss image. <input type="checkbox"/> Visually discriminates strangers. <input type="checkbox"/> Responds to a variety of facial expressions. <input type="checkbox"/> Laughs at peek-a-boo games.
7 to 12 months	<ul style="list-style-type: none"> <input type="checkbox"/> Tracks objects with eyes rather than just head. <input type="checkbox"/> Fixates on facial expression and imitates. <input type="checkbox"/> Reaches for small objects such as pieces of cereal. <input type="checkbox"/> Recognizes some pictures.
12 to 18 months	<ul style="list-style-type: none"> <input type="checkbox"/> Identifies likenesses and differences. <input type="checkbox"/> Makes linear marks on paper. <input type="checkbox"/> Looks toward indicated objects when requested. <input type="checkbox"/> Looks at picture books and turns pages.