



Amy S. Bekanich, M.D.

·AUSTIN PLASTIC SURGERY BOUTIQUE·

Preoperative Checklist

1. Medical Clearance – all patients must obtain medical clearance from their primary physician stating that they are in good health to undergo an elective operative procedure. Dr. Bekanich alone may decide that this is not necessary for you or your particular operative procedure. She will discuss this with you at your consultation.
2. Labs/EKG/Chest X-ray: This will be required for all patients with a cardiac history and/or greater than 50 years of age.
3. Smoking/Nicotine: All forms of nicotine must be stopped 1 month prior to your procedure. This includes Vapor with nicotine. Nicotine interferes with healing and will contribute to poor scar formation and delayed healing. This means that all forms of nicotine must be stopped (patches, gum, vapor, chew, cigarettes). On the day of surgery you will receive a nicotine test. If this test is positive your surgery will need to be rescheduled and there will be a \$500 fee incurred.
4. Medications that increase the risk of bleeding: Stop all aspirin and ibuprofen (Motrin, Aleve, etc.) 2 weeks prior to surgery. Tylenol is fine to use for basic headaches and other small aches and pains. Please call our office if you have any questions about this. Herbal supplements should also be discontinued 2 weeks prior to surgery. A full list of these herbal medications will be listed in your preoperative packet that you will receive at your preoperative appointment. We ask this of you to decrease your risk of bleeding and bruising.
5. All consent forms must be reviewed prior to surgery. Please bring all your questions with you to your preoperative appointment.
6. A deposit of \$1000 is required to schedule surgery. This deposit amount is applied to your total Balance due. The deposit is non-refundable but can be applied towards other services at our Office. If you need to reschedule your surgical date, a \$200.00 reschedule fee will be charged. The balance of all fees are payable two weeks prior to the surgical date at your pre-operative visit. Fees may be paid by cash, check, cashier's check, credit cards or financing.
7. You will need a ride from the surgery and a person with you for the first 24 hours who is over the age of 18. Visiting Angels or similar company will not be an acceptable replacement. You cannot drive yourself after anesthesia or even oral medications.

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8. At the time of your preoperative appointment you will be given a list of prescriptions and supplies. Please buy these in advance of your surgery.
9. Eat and drink nothing after midnight the night before surgery except for medications, which, you may take with a sip of water.
10. Nail polish should be removed or it may need to be removed if it interferes with our monitoring equipment. This is for your safety.
11. On the morning of surgery take your normal medications with a sip of water unless instructed not to do so. Wear loose clothing and bring your glasses. Contacts will need to be taken out prior to your procedure starting. Do not drink anything including coffee or water.

Thank you for your attention to these details! We are committed to providing you with the safest and most comfortable experience possible. If you have any questions do not hesitate to contact our office.

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