Obstetric Note: Admission to Labor and Delivery

Identification: The patient is a 32yo G1P0 at 39W4D EGA who has been receiving prenatal care from Dr. Anderson. She has been experiencing painful uterine contractions for the past 4 hours. The contractions are occurring at 4 minute intervals with approximately 30 second duration. She continues to feel fetal movement between the contractions. She denies vaginal bleeding or rupture of membranes.

LMP: 12/10/2008

Estimated date of confinement: 9/16/2009

CC: Onset of labor at term.

HPI: Received appropriate prenatal care. Daily prenatal vitamins since two months prior to conception. Prenatal labs have all been normal, including negative for HIV. She was found to positive for Group B Strep from screening at 36 weeks. She has gained approximately 35 lbs throughout the pregnancy. She denies a history of HTN during pregnancy. Glucose tolerance screening for gestational diabetes was negative.

Past History:

Obstetrics: none
Gyne: history of one abnormal Pap, no colposcopy required
PMH: negative
Past Surg Hx: appendectomy at age 12yo.

Meds: Prenatal vitamins

Allergies: KNMA

Social History: Non-smoker, non-drinker, no recreational drug use

Physical Exam:

General: Appears well, contractions make her uncomfortable
Vitals: T 99.2, BP 134/86, P 88, R 18
CV- RRR, no murmurs, no gallops
Lungs- CTABL
ABD- Gravid uterus, mild fundal tenderness, fundal height at 40cm, fetus appears vertex.
Legs- Minimal edema
Vaginal exam- 4cm dilated, 50% effaced, -3 station with intact membranes.

Ultrasound: no abnormalities at 20 weeks

Assessment: 32yo G1P0 at term, in active labor
Intrauterine pregnancy at 39W4D gestation
Fetal Heart Rate- Baseline 140's, accelerations present, no decelerations
Contractions – q 3-4 min
Group B strep positive

Plan: Admit to Labor & Delivery
NPO, except ice chips
IV – D5LR at 125 cc/hr
IV Penicillin G- 5 million units now, followed by 2.5 million units Q4 hours until delivery
Continuous electronic fetal monitoring
Anticipate normal spontaneous vaginal delivery