

NOVA COLLEGE-WIDE COURSE CONTENT SUMMARY NSG 200 – HEALTH PROMOTION AND ASSESSMENT (3 CR.)

Course Description

Introduces assessment and health promotion for the individual and family. Includes assessment of infants, children, adults, geriatric clients and pregnant females. Emphasizes health history and the acquisition of physical assessment skills with underlying concepts of development, communication, and health promotion. Prepares students to demonstrate competency in the assessment of clients across the lifespan. Provides supervised learning experiences in college nursing laboratories, clinical/community settings, and/or simulated environments. Lecture 2 hours. Laboratory 3 hours. Total 5 hours per week.

General Course Purpose

This course provides novice students with an opportunity to develop health assessment skills across the lifespan.

Course Prerequisites/Corequisites

Prerequisites: BIO 141 and BIO 142 or BIO 231 and 232. ENG 111, PSY 230, SDV 101 or 100

Corequisites: BIO 150 or BIO205, NSG 100 and NSG 106, NSG 130

Course Objectives

Upon completing the course, the student will be able to:

1. Demonstrate the use of therapeutic communication, caring behaviors and client self-determination when completing a health history and physical assessment.
2. Report patient safety issues and potential health risks in the performance of health assessment across the lifespan.
3. Demonstrate the ability to perform basic physical assessment across the lifespan.
4. Identify differences in assessment techniques in clients of varying ages and stages of development.
5. Assess factors contributing to health promotion and lifestyle choices.

Major Topics to be Included

1. Communication Concept
2. Development Concept
3. Health/Promotion/Adherence/Motivation Concept
4. Cognition Concept
5. Tissue Integrity Concept
6. Perfusion Concept
7. Gas Exchange Concept
8. Elimination Concept
9. Mobility Concept
10. Intracranial Concept
11. Sensory Perception Concept
12. Reproduction Concept