

# Fast Lane Sports Performance Training Contract

Athlete's Name: \_\_\_\_\_

Parents Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ CellPhone: \_\_\_\_\_

Email: \_\_\_\_\_ DOB: \_\_\_\_\_

Age: \_\_\_\_\_ Grade \_\_\_\_\_ **GHS BOYS LACROSSE**

## Training Sessions

Number of Sessions: \_\_\_\_\_ **12** \_\_\_\_\_ Contract Price: \_\_\_\_\_ **\$120.00** \_\_\_\_\_

Contract Expiration Date: \_\_\_\_\_ **FEBRUARY 14, 2015** \_\_\_\_\_

### Late Cancellation:

24 hour notice must be given to avoid a late cancellation charge. A late cancellation charge is the full session fee. NO SHOW: Scheduled appointments missed and not cancelled will be charged full session price. (Initial) \_\_\_\_\_

I acknowledge that I, individually, have voluntarily applied to participate in the FLSP Training program. I acknowledge the risks and potential risks of athletic training. However, I feel that the possible benefits to me are greater than the risks assumed.

I acknowledge that an athlete, when training, through no fault of his or her own, his or her trainer or the facility may become injured for a variety of reasons that are unavoidable. I represent that I am in good health and suffer from no physical impairment, which would limit my training. I further represent that I carry full and complete medical insurance coverage. I acknowledge Fast Lane, LLC will not render any medical services including medical diagnosis of my physical condition.

In consideration of being permitted by Fast Lane, LLC to participate in its training program I hereby, intended to be legally bound for myself, my heirs and assigns, executors, or administrators and or/guardian of my son/daughter/my ward specifically agree that Fast Lane, LLC to shall not be liable for any claim, demand, cause of action of any kind whatsoever for, or on account of death, personal injury, or loss of any kind resulting from or related to any athletic training exercise or activity and I agree to hold Fast Lane, LLC harmless from the same. I hereby waive any and all claims for any and all injuries I may suffer under circumstances, including but not limited to those claims arising from the negligence of Fast Lane, LLC. I acknowledge that I read this release and waiver and fully understood its contents. I have been fully and completely advised of the potential dangers incidental to engaging in the activity and instruction of athlete training and I am fully aware of the legal consequences of signing this release. I voluntarily agree to the terms and conditions stated above.

Athlete's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian's Signature: \_\_\_\_\_ Date: \_\_\_\_\_