

## Client's Biopsychosocial Assessment – Adolescent/Youth ONLY

**Client Name:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

**Guardian Name (if applicable):** \_\_\_\_\_

**Race / Ethnicity:**

- White  
  Black or African American  
  Hispanic or Latino  
  Two or More Races  
  Asian  
 Native Hawaiian and Other Pacific Islander  
  Prefer not to disclose  
  Other \_\_\_\_\_

**Marital History:**

- Single  
  Married  
  Divorced  
  Separated  
  Widow/Widower  
  Re-Married  
  Prefer not to disclose  
 Other \_\_\_\_\_

**Gender Identity / Expression:**

- Male  
  Female  
  Male-to-Female/Transgender  
  Female-to-Male/Transgender  
 Genderqueer, neither exclusively male nor female  
  Prefer not to disclose  
 Other \_\_\_\_\_

**Sexual Orientation:**

- Straight or Heterosexual  
  Homosexual, Gay, or Lesbian  
  Bisexual  
  Prefer not to disclose  
 Other \_\_\_\_\_

**Current Living Situation (check 1):**

- Own Home  
  Foster Care  
  Relative Placement  
  Legal Guardian  
  Pre-Adoptive Home  
 Emergency Shelter  
  Group Home  
  Jail/Juvenile Detention  
 Other \_\_\_\_\_

**History of Living Situations (check any that have ever applied):**

- Own Home/parent's home as an adult  
  Foster Care  
  Relative Placement as a child  
 Legal Guardian  
  Pre-Adoptive Home  
  Emergency Shelter  
  Group Home  
  Jail/Juvenile Detention  
 Other \_\_\_\_\_

**Supportive Individuals:**

Name:	Relationship:	Age:	Quality of Relationship:
			<input type="checkbox"/> Generally Positive <input type="checkbox"/> Great <input type="checkbox"/> Excellent
			<input type="checkbox"/> Generally Positive <input type="checkbox"/> Great <input type="checkbox"/> Excellent
			<input type="checkbox"/> Generally Positive <input type="checkbox"/> Great <input type="checkbox"/> Excellent
			<input type="checkbox"/> Generally Positive <input type="checkbox"/> Great <input type="checkbox"/> Excellent

**Education History:** (*Highest Completed Education*)

- High School     GED     Some College     College     Masters/PHD
- IEP - Individualized Education Program     Dropped Out

**Legal Status / Criminal History:**

- None Reported     Arrested     Current Probation/Parole     Past Probation/Parole

Charges: \_\_\_\_\_  Sentencing     Dismissed

Time Served: \_\_\_\_\_

- Current Court Involvement (details) \_\_\_\_\_
- Previous Court Involvement (details) \_\_\_\_\_
- Previous Child Welfare Services Involvement (details) \_\_\_\_\_

**Employment History:**

- Part-Time     Full-Time     Unemployed     Retired     Veteran     Active Duty     N/A

Current Employment: \_\_\_\_\_

Previous Employment: \_\_\_\_\_

**Financial Status:**

Do you receive public assistance (i.e. WIC, SNAP, TANF?)     Yes     No

Do you worry about money or making your bills?     Yes     No

Do you have a budget?     Yes     No

**Access to Transportation:**

What kind of transportation do you use to get to and from work, school, and/or your appointments?

Are there times when a lack of transportation prevents you from attending work, school, or your important appointments?     Yes     No

**Access to Resources:**

What are some of the agencies or examples of community involvement or agencies that you've been involved with over the past few months/years?

## Family Safety and Interactions:

Do you feel emotional support within your family?

- Yes       No

How do you feel your family handles conflict?

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Does anyone in the household regularly push, slap, grab or throw something at you?

- Yes       No

Has anyone in the household struck you hard enough that marks were left or were you injured?

- Yes       No

What are your daily family routines? (e.g. family dinner, bedtimes, morning routines, etc.)

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How do you celebrate birthdays, holidays, or other cultural traditions?

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## Mental Health Diagnosis & Treatment History:

Diagnosis \_\_\_\_\_ Treatment \_\_\_\_\_ Length of Treatment \_\_\_\_\_

- Is this current? = How do you feel you are doing & is Diagnosis being managed:  Good  Fair  Poor

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- Is this current? = How do you feel you are doing & is Diagnosis being managed:  Good  Fair  Poor

**Wellness Assessment(s) – Current symptoms within the last week:**

**Wellness Assessment – Youth Only**

Completing this brief questionnaire will help us provide services that meet your child's needs. Answer each question as best you can and then review your responses with your child's clinician. Shade circles like this ●

Relationship to child:     Mother     Father     Stepparent     Other Relative     Child/Self     Other\_\_\_\_\_

*For questions 1-21, please think about your experience in the past week.*

Fill in the circle that best describes your child:

	Never	Sometimes	Often
1. Destroyed property	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. Was unhappy or sad	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. Behavior caused school problems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. Had temper outbursts	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. Worrying prevented him/her from doing things	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. Felt worthless or inferior	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. Had trouble sleeping	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. Changed moods quickly	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9. Used alcohol	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10. Was restless, trouble staying seated	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11. Engaged in repetitious behavior	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12. Used drugs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13. Worried about most everything	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14. Needed constant attention	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How much have your child's problems caused:

	Not at All	A Little	Somewhat	A Lot
15. Interruption of personal time?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16. Disruption of family routines?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
17. Any family member to suffer mental or physical problems?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
18. Less attention paid to any family member?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
19. Disruption or upset of relationships within the family?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
20. Disruption or upset of your family's social activities?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
21. How many days in the past week was your child's usual routine interrupted by their problems?				<input type="text" value=""/> Days

Answer the following only if this is your first time completing this questionnaire for this child.

22. In general, would you say your child's health is:     Excellent     Very Good     Good     Fair     Poor
23. In the past 6 months, how many times did your child visit a medical doctor?     None     1     2-3     4-5     6+
24. In past month, how many days were you unable to work because of your child's problems?  
(answer only if employed)   Days
25. In the past month, how many days were you able to work but had to cut back on how much  
you got done because of your child's problems? (answer only if employed)   Days

**Medical History:**

**Medication(s):**

Drug Name:	Reason:	Current:	Helpful/Effective
		<input type="radio"/> Yes <input type="radio"/> No	<input type="radio"/> Yes <input type="radio"/> No
		<input type="radio"/> Yes <input type="radio"/> No	<input type="radio"/> Yes <input type="radio"/> No
		<input type="radio"/> Yes <input type="radio"/> No	<input type="radio"/> Yes <input type="radio"/> No
		<input type="radio"/> Yes <input type="radio"/> No	<input type="radio"/> Yes <input type="radio"/> No
		<input type="radio"/> Yes <input type="radio"/> No	<input type="radio"/> Yes <input type="radio"/> No
		<input type="radio"/> Yes <input type="radio"/> No	<input type="radio"/> Yes <input type="radio"/> No

**History of Hospitalization(s) (*physical or mental health related*):**

Hospital:	Reason:	Diagnosis:	Helpful/Effective
			<input type="radio"/> Yes <input type="radio"/> No
			<input type="radio"/> Yes <input type="radio"/> No
			<input type="radio"/> Yes <input type="radio"/> No
			<input type="radio"/> Yes <input type="radio"/> No
			<input type="radio"/> Yes <input type="radio"/> No
			<input type="radio"/> Yes <input type="radio"/> No

**Additional Medication(s):**

**Allergies:**

**Current Health/Medical Conditions:**

**Previous Health Conditions:**

Disabilities:  N/A

**Conditions That May Impact Counseling** (*issues of concern*):

Dental  Vision  Hearing  Other \_\_\_\_\_

**Substance Abuse History:**  N/A

Substance: \_\_\_\_\_ Typical Amount Used: \_\_\_\_\_ Duration of Use/Abuse: \_\_\_\_\_

			<input type="checkbox"/> Current

Drug of Choice:			<input type="checkbox"/> Current
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**Treatment Preferences** (*include individual needs*):

Individual  Family  Group  Other \_\_\_\_\_

**Personal / Family Strengths:**

**Abilities/Interests:**

\_\_\_\_\_  
Client (Guardian) Signature

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date